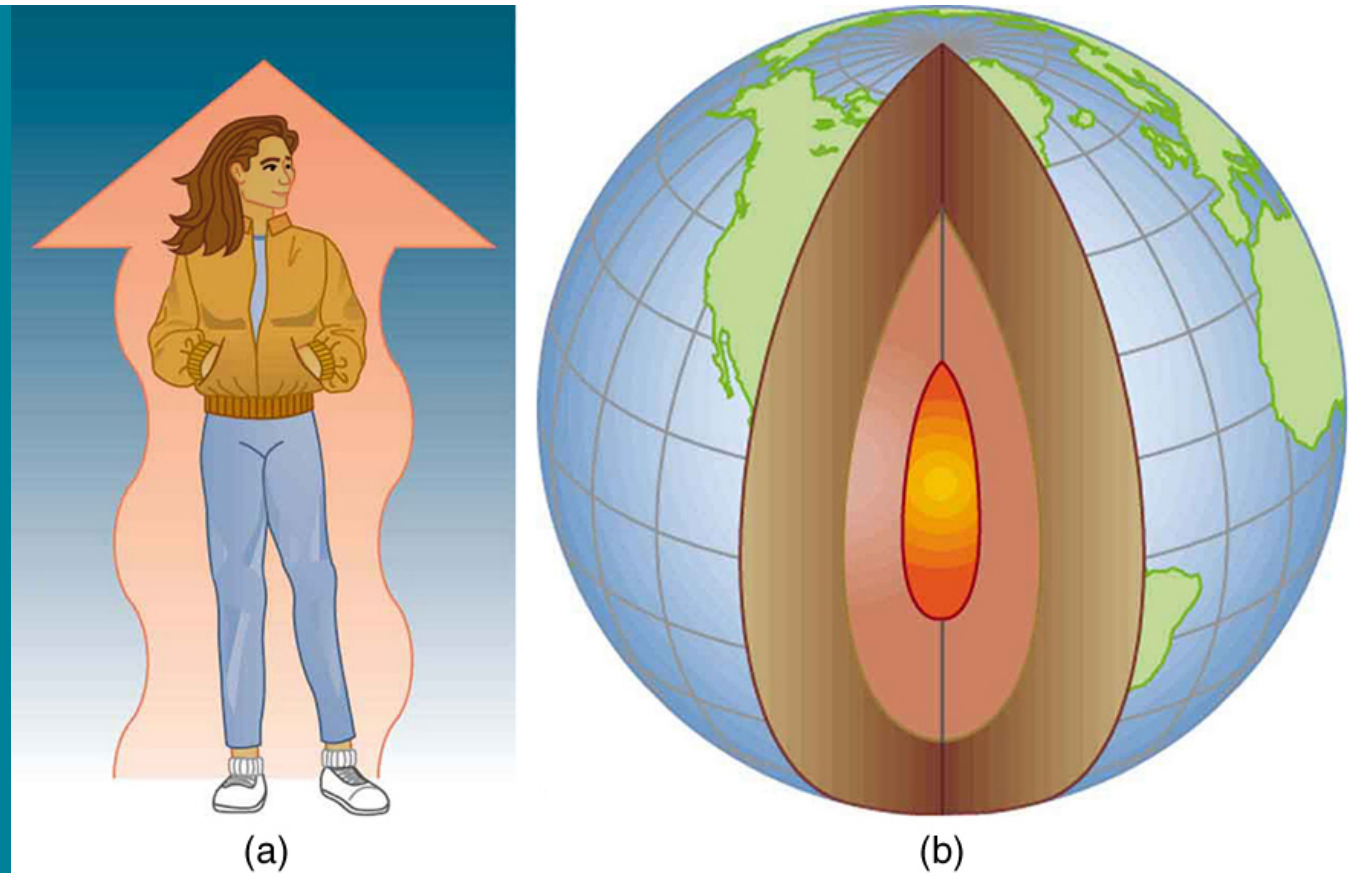# Heat and Heat Transfer Methods

(a)

(b)

Figure 14.1 (a) The chilling effect of a clear breezy night is produced by the wind and by radiative heat transfer to cold outer space. (b) There was once great controversy about the Earth's age, but it is now generally accepted to be about 4.5 billion years old. Much of the debate is centered on the Earth's molten interior. According to our understanding of heat transfer, if the Earth is really that old, its center should have cooled off long ago. The discovery of radioactivity in rocks revealed the source of energy that keeps the Earth's interior molten, despite heat transfer to the surface, and from there to cold outer space.

Chapter Outline

14.1 Heat

- Define heat as transfer of energy.

14.2 Temperature Change and Heat Capacity

- Observe heat transfer and change in temperature and mass.
- Calculate final temperature after heat transfer between two objects.

INTRODUCTION TO HEAT AND HEAT TRANSFER METHODS Energy can exist in many forms and heat is one of the most intriguing. Heat is often hidden, as it only exists when in transit, and is transferred by a number of distinctly different methods. Heat transfer touches every aspect of our lives and helps us understand how the universe functions. It explains the chill we feel on a clear breezy night, or why Earth's core has yet to cool. This chapter defines and explores heat transfer, its effects, and the methods by which heat is transferred. These topics are fundamental, as well as practical, and will often be referred to in the chapters ahead.

14.1 Heat

In Work, Energy, and Energy Resources, we defined work as force times distance and learned that work done on an object changes its kinetic energy. We also saw in Temperature, Kinetic Theory, and the Gas Laws that temperature is proportional to the (average) kinetic energy of atoms and molecules. We say that a thermal system has a certain internal energy: its internal energy is higher if the temperature is higher. If two objects at different temperatures are brought in contact with each other, energy is transferred from the hotter to the colder object until equilibrium is reached and the bodies reach thermal equilibrium (i.e., they are at the same temperature). No work is done by either object, because no force acts through a distance. The transfer of energy is caused by the temperature difference, and ceases once the temperatures are equal. These observations lead to the following definition of **heat**: Heat is the spontaneous transfer of energy due to a temperature difference.

As noted in Temperature, Kinetic Theory, and the Gas Laws, heat is often confused with temperature. For example, we may say the heat was unbearable, when we actually mean that the temperature was high. Heat is a form of energy, whereas temperature is not. The misconception arises because we are sensitive to the flow of heat, rather than the temperature.

Owing to the fact that heat is a form of energy, it has the SI unit of *joule* (J). The *calorie* (cal) is a common unit of energy, defined as the energy needed to change the temperature of 1.00 g of water by $1.00°C$ —specifically, between $14.5°C$ and $15.5°C$, since there is a slight temperature dependence. Perhaps the most common unit of heat is the **kilocalorie** (kcal), which is the energy needed to change the temperature of 1.00 kg of water by $1.00°C$. Since mass is most often specified in kilograms, kilocalorie is commonly used. Food calories (given the notation Cal, and sometimes called "big calorie") are actually kilocalories ($1 \text{ kilocalorie} = 1000 \text{ calories}$), a fact not easily determined from package labeling.
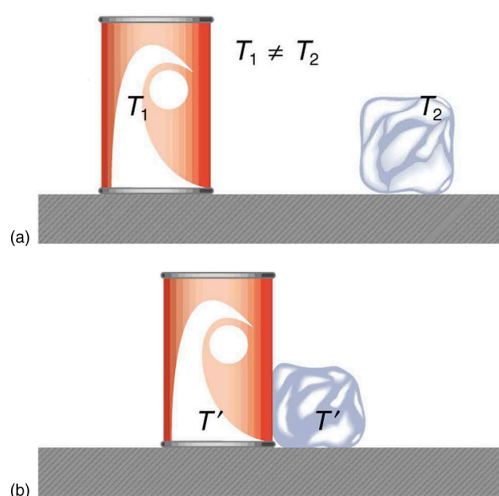
Figure 14.2 In figure (a) the soft drink and the ice have different temperatures, T_1 and T_2, and are not in thermal equilibrium. In figure (b), when the soft drink and ice are allowed to interact, energy is transferred until they reach the same temperature T', achieving equilibrium. Heat transfer occurs due to the difference in temperatures. In fact, since the soft drink and ice are both in contact with the surrounding air and bench, the equilibrium temperature will be the same for both.

Mechanical Equivalent of Heat

It is also possible to change the temperature of a substance by doing work. Work can transfer energy into or out of a system. This realization helped establish the fact that heat is a form of energy. James Prescott Joule (1818–1889) performed many experiments to establish the **mechanical equivalent of heat**—*the work needed to produce the same effects as heat transfer.* In terms of the units used for these two terms, the best modern value for this equivalence is

$$1.000 \text{ kcal} = 4186 \text{ J}.$$ 14.1

We consider this equation as the conversion between two different units of energy.
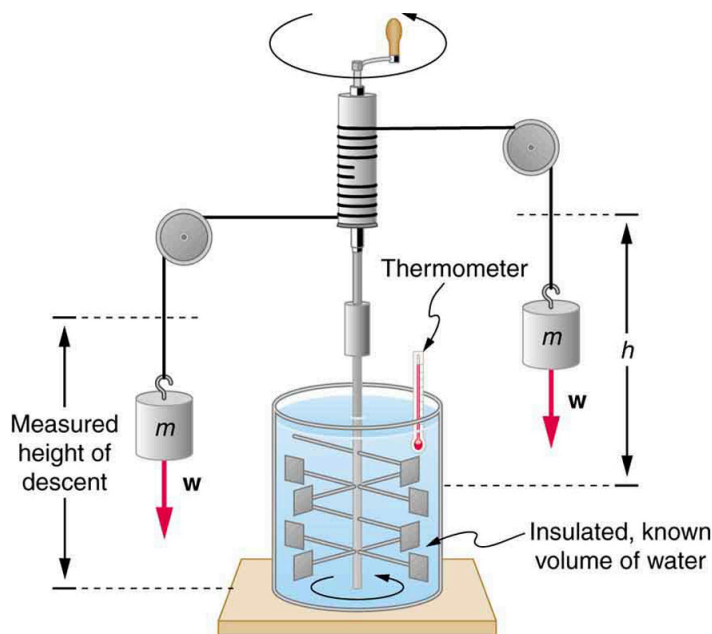
Figure 14.3 Schematic depiction of Joule's experiment that established the equivalence of heat and work.

The figure above shows one of Joule's most famous experimental setups for demonstrating the mechanical equivalent of heat. It demonstrated that work and heat can produce the same effects, and helped establish the principle of conservation of energy. Gravitational potential energy (PE) (work done by the gravitational force) is converted into kinetic energy (KE), and then randomized by viscosity and turbulence into increased average kinetic energy of atoms and molecules in the system, producing

a temperature increase. His contributions to the field of thermodynamics were so significant that the SI unit of energy was named after him.

Heat added or removed from a system changes its internal energy and thus its temperature. Such a temperature increase is observed while cooking. However, adding heat does not necessarily increase the temperature. An example is melting of ice; that is, when a substance changes from one phase to another. Work done on the system or by the system can also change the internal energy of the system. Joule demonstrated that the temperature of a system can be increased by stirring. If an ice cube is rubbed against a rough surface, work is done by the frictional force. A system has a well-defined internal energy, but we cannot say that it has a certain "heat content" or "work content". We use the phrase "heat transfer" to emphasize its nature.

⊘ CHECK YOUR UNDERSTANDING

Two samples (A and B) of the same substance are kept in a lab. Someone adds 10 kilojoules (kJ) of heat to one sample, while 10 kJ of work is done on the other sample. How can you tell to which sample the heat was added?

Solution

Heat and work both change the internal energy of the substance. However, the properties of the sample only depend on the internal energy so that it is impossible to tell whether heat was added to sample A or B.

14.2 Temperature Change and Heat Capacity

One of the major effects of heat transfer is temperature change: heating increases the temperature while cooling decreases it. We assume that there is no phase change and that no work is done on or by the system. Experiments show that the transferred heat depends on three factors—the change in temperature, the mass of the system, and the substance and phase of the substance.
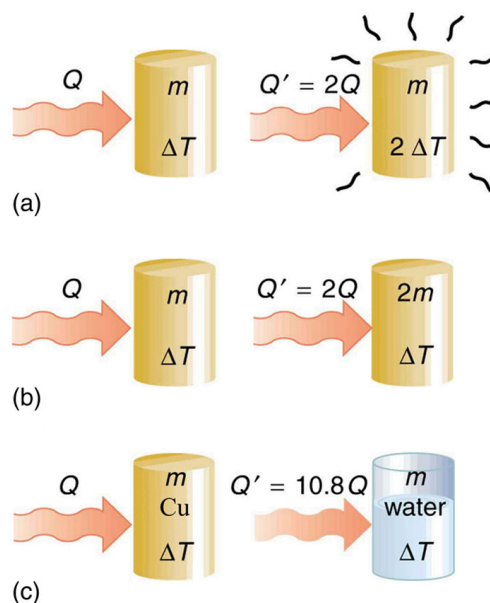

Figure 14.4 The heat Q transferred to cause a temperature change depends on the magnitude of the temperature change, the mass of the system, and the substance and phase involved. (a) The amount of heat transferred is directly proportional to the temperature change. To double the temperature change of a mass m, you need to add twice the heat. (b) The amount of heat transferred is also directly proportional to the mass. To cause an equivalent temperature change in a doubled mass, you need to add twice the heat. (c) The amount of heat transferred depends on the substance and its phase. If it takes an amount Q of heat to cause a temperature change ΔT in a given mass of copper, it will take 10.8 times that amount of heat to cause the equivalent temperature change in the same mass of water assuming no phase change in either substance.

The dependence on temperature change and mass are easily understood. Owing to the fact that the (average) kinetic energy of an atom or molecule is proportional to the absolute temperature, the internal energy of a system is proportional to the absolute temperature and the number of atoms or molecules. Owing to the fact that the transferred heat is equal to the change in the

internal energy, the heat is proportional to the mass of the substance and the temperature change. The transferred heat also depends on the substance so that, for example, the heat necessary to raise the temperature is less for alcohol than for water. For the same substance, the transferred heat also depends on the phase (gas, liquid, or solid).

Heat Transfer and Temperature Change

The quantitative relationship between heat transfer and temperature change contains all three factors:

$$Q = mc\Delta T,$$ <div style="text-align:right">14.2</div>

where Q is the symbol for heat transfer, m is the mass of the substance, and ΔT is the change in temperature. The symbol c stands for **specific heat** and depends on the material and phase. The specific heat is the amount of heat necessary to change the temperature of 1.00 kg of mass by $1.00°C$. The specific heat c is a property of the substance; its SI unit is $J/(kg \cdot K)$ or $J/(kg \cdot °C)$. Recall that the temperature change (ΔT) is the same in units of kelvin and degrees Celsius. If heat transfer is measured in kilocalories, then *the unit of specific heat* is $kcal/(kg \cdot °C)$.

Values of specific heat must generally be looked up in tables, because there is no simple way to calculate them. In general, the specific heat also depends on the temperature. Table 14.1 lists representative values of specific heat for various substances. Except for gases, the temperature and volume dependence of the specific heat of most substances is weak. We see from this table that the specific heat of water is five times that of glass and ten times that of iron, which means that it takes five times as much heat to raise the temperature of water the same amount as for glass and ten times as much heat to raise the temperature of water as for iron. In fact, water has one of the largest specific heats of any material, which is important for sustaining life on Earth.

✳ EXAMPLE 14.1

Calculating the Required Heat: Heating Water in an Aluminum Pan

A 0.500 kg aluminum pan on a stove is used to heat 0.250 liters of water from $20.0°C$ to $80.0°C$. (a) How much heat is required? What percentage of the heat is used to raise the temperature of (b) the pan and (c) the water?

Strategy

The pan and the water are always at the same temperature. When you put the pan on the stove, the temperature of the water and the pan is increased by the same amount. We use the equation for the heat transfer for the given temperature change and mass of water and aluminum. The specific heat values for water and aluminum are given in Table 14.1.

Solution

Because water is in thermal contact with the aluminum, the pan and the water are at the same temperature.

1. Calculate the temperature difference:
$$\Delta T = T_f - T_i = 60.0°C.$$ <div style="text-align:right">14.3</div>

2. Calculate the mass of water. Because the density of water is $1000 \ kg/m^3$, one liter of water has a mass of 1 kg, and the mass of 0.250 liters of water is $m_w = 0.250$ kg.

3. Calculate the heat transferred to the water. Use the specific heat of water in Table 14.1:
$$Q_w = m_w c_w \Delta T = (0.250 \ \text{kg})(4186 \ \text{J/kg°C})(60.0°C) = 62.8 \ \text{kJ}.$$ <div style="text-align:right">14.4</div>

4. Calculate the heat transferred to the aluminum. Use the specific heat for aluminum in Table 14.1:
$$Q_{Al} = m_{Al} c_{Al} \Delta T = (0.500 \ \text{kg})(900 \ \text{J/kg°C})(60.0°C) = 27.0 \times 10^4 \text{J} = 27.0 \ \text{kJ}.$$ <div style="text-align:right">14.5</div>

5. Compare the percentage of heat going into the pan versus that going into the water. First, find the total transferred heat:
$$Q_{Total} = Q_W + Q_{Al} = 62.8 \ \text{kJ} + 27.0 \ \text{kJ} = 89.8 \ \text{kJ}.$$ <div style="text-align:right">14.6</div>

Thus, the amount of heat going into heating the pan is

$$\frac{27.0 \ \text{kJ}}{89.8 \ \text{kJ}} \times 100\% = 30.1\%,$$ <div style="text-align:right">14.7</div>

and the amount going into heating the water is

$$\frac{62.8 \text{ kJ}}{89.8 \text{ kJ}} \times 100\% = 69.9\%.$$

14.8

Discussion

In this example, the heat transferred to the container is a significant fraction of the total transferred heat. Although the mass of the pan is twice that of the water, the specific heat of water is over four times greater than that of aluminum. Therefore, it takes a bit more than twice the heat to achieve the given temperature change for the water as compared to the aluminum pan.
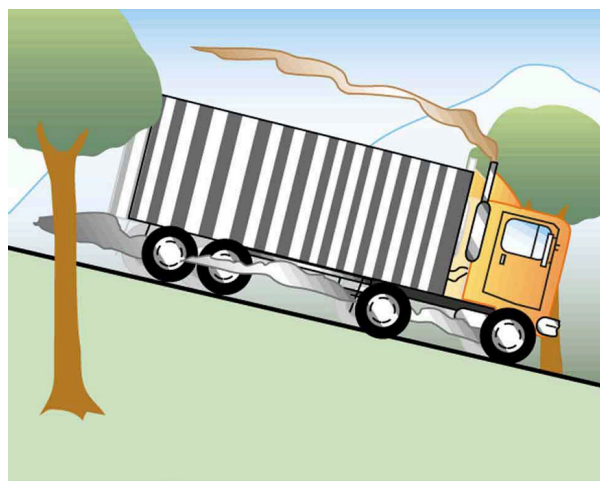

Figure 14.5 The smoking brakes on this truck are a visible evidence of the mechanical equivalent of heat.

✳ EXAMPLE 14.2

Calculating the Temperature Increase from the Work Done on a Substance: Truck Brakes Overheat on Downhill Runs

Truck brakes used to control speed on a downhill run do work, converting gravitational potential energy into increased internal energy (higher temperature) of the brake material. This conversion prevents the gravitational potential energy from being converted into kinetic energy of the truck. The problem is that the mass of the truck is large compared with that of the brake material absorbing the energy, and the temperature increase may occur too fast for sufficient heat to transfer from the brakes to the environment.

Calculate the temperature increase of 100 kg of brake material with an average specific heat of $800 \text{ J/kg} \cdot °\text{C}$ if the material retains 10% of the energy from a 10,000-kg truck descending 75.0 m (in vertical displacement) at a constant speed.

Strategy

If the brakes are not applied, gravitational potential energy is converted into kinetic energy. When brakes are applied, gravitational potential energy is converted into internal energy of the brake material. We first calculate the gravitational potential energy (Mgh) that the entire truck loses in its descent and then find the temperature increase produced in the brake material alone.

Solution

1. Calculate the change in gravitational potential energy as the truck goes downhill
    $$Mgh = (10{,}000 \text{ kg}) \left(9.80 \text{ m/s}^2\right) (75.0 \text{ m}) = 7.35 \times 10^6 \text{ J}.$$
    14.9

2. Calculate the temperature from the heat transferred using $Q{=}Mgh$ and
    $$\Delta T = \frac{Q}{mc},$$
    14.10

where m is the mass of the brake material. Insert the values $m = 100$ kg and $c = 800$ J/kg · °C to find

$$\Delta T = \frac{\left(7.35 \times 10^6 \text{ J}\right)}{(100 \text{ kg})(800 \text{ J/kg°C})} = 92°C.$$

<div style="text-align:right">14.11</div>

Discussion

This same idea underlies the recent hybrid technology of cars, where mechanical energy (gravitational potential energy) is converted by the brakes into electrical energy (battery).

Substances	Specific heat (c)	
Solids	J/kg·°C	kcal/kg·°C[2]
Aluminum	900	0.215
Asbestos	800	0.19
Concrete, granite (average)	840	0.20
Copper	387	0.0924
Glass	840	0.20
Gold	129	0.0308
Human body (average at 37 °C)	3500	0.83
Ice (average, -50°C to 0°C)	2090	0.50
Iron, steel	452	0.108
Lead	128	0.0305
Silver	235	0.0562
Wood	1700	0.4
Liquids		
Benzene	1740	0.415
Ethanol	2450	0.586
Glycerin	2410	0.576
Mercury	139	0.0333
Water (15.0 °C)	4186	1.000

Table 14.1 Specific Heats[1] of Various Substances

[1]The values for solids and liquids are at constant volume and at 25°C, except as noted.

Substances	Specific heat (*c*)	
Gases [3]		
Air (dry)	721 (1015)	0.172 (0.242)
Ammonia	1670 (2190)	0.399 (0.523)
Carbon dioxide	638 (833)	0.152 (0.199)
Nitrogen	739 (1040)	0.177 (0.248)
Oxygen	651 (913)	0.156 (0.218)
Steam (100°C)	1520 (2020)	0.363 (0.482)

Table 14.1 Specific Heats[1] of Various Substances

Note that Example 14.2 is an illustration of the mechanical equivalent of heat. Alternatively, the temperature increase could be produced by a blow torch instead of mechanically.

✳ EXAMPLE 14.3

Calculating the Final Temperature When Heat Is Transferred Between Two Bodies: Pouring Cold Water in a Hot Pan

Suppose you pour 0.250 kg of $20.0°C$ water (about a cup) into a 0.500-kg aluminum pan off the stove with a temperature of $150°C$. Assume that the pan is placed on an insulated pad and that a negligible amount of water boils off. What is the temperature when the water and pan reach thermal equilibrium a short time later?

Strategy

The pan is placed on an insulated pad so that little heat transfer occurs with the surroundings. Originally the pan and water are not in thermal equilibrium: the pan is at a higher temperature than the water. Heat transfer then restores thermal equilibrium once the water and pan are in contact. Because heat transfer between the pan and water takes place rapidly, the mass of evaporated water is negligible and the magnitude of the heat lost by the pan is equal to the heat gained by the water. The exchange of heat stops once a thermal equilibrium between the pan and the water is achieved. The heat exchange can be written as $|Q_{hot}| = Q_{cold}$.

Solution

1. Use the equation for heat transfer $Q = mc\Delta T$ to express the heat lost by the aluminum pan in terms of the mass of the pan, the specific heat of aluminum, the initial temperature of the pan, and the final temperature:
$$Q_{hot} = m_{Al} c_{Al} (T_f - 150°C). \qquad \text{14.12}$$

2. Express the heat gained by the water in terms of the mass of the water, the specific heat of water, the initial temperature of the water and the final temperature:
$$Q_{cold} = m_W c_W (T_f - 20.0°C). \qquad \text{14.13}$$

3. Note that $Q_{hot} < 0$ and $Q_{cold} > 0$ and that they must sum to zero because the heat lost by the hot pan must be the same as the heat gained by the cold water:

2These values are identical in units of $cal/g\cdot°C$.

3c_v at constant volume and at $20.0°C$, except as noted, and at 1.00 atm average pressure. Values in parentheses are c_p at a constant pressure of 1.00 atm.

$$Q_{cold} + Q_{hot} = 0,$$

$$Q_{cold} = -Q_{hot},$$

$$m_W c_W (T_f - 20.0°C) = -m_{Al} c_{Al} (T_f - 150°C.)$$

14.14

4. Bring all terms involving T_f on the left hand side and all other terms on the right hand side. Solve for T_f,

$$T_f = \frac{m_{Al} c_{Al} (150°C) + m_W c_W (20.0°C)}{m_{Al} c_{Al} + m_W c_W},$$

14.15

and insert the numerical values:

$$T_f = \frac{(0.500 \text{ kg})(900 \text{ J/kg°C})(150°C)+(0.250 \text{ kg})(4186 \text{ J/kg°C})(20.0°C)}{(0.500 \text{ kg})(900 \text{ J/kg°C})+(0.250 \text{ kg})(4186 \text{ J/kg°C})}$$

$$= \frac{88430 \text{ J}}{1496.5 \text{ J/°C}}$$

$$= 59.1°C.$$

14.16

Discussion

This is a typical *calorimetry* problem—two bodies at different temperatures are brought in contact with each other and exchange heat until a common temperature is reached. Why is the final temperature so much closer to $20.0°C$ than $150°C$? The reason is that water has a greater specific heat than most common substances and thus undergoes a small temperature change for a given heat transfer. A large body of water, such as a lake, requires a large amount of heat to increase its temperature appreciably. This explains why the temperature of a lake stays relatively constant during a day even when the temperature change of the air is large. However, the water temperature does change over longer times (e.g., summer to winter).

Take-Home Experiment: Temperature Change of Land and Water

What heats faster, land or water?

To study differences in heat capacity:

- Place equal masses of dry sand (or soil) and water at the same temperature into two small jars. (The average density of soil or sand is about 1.6 times that of water, so you can achieve approximately equal masses by using 50% more water by volume.)
- Heat both (using an oven or a heat lamp) for the same amount of time.
- Record the final temperature of the two masses.
- Now bring both jars to the same temperature by heating for a longer period of time.
- Remove the jars from the heat source and measure their temperature every 5 minutes for about 30 minutes.

Which sample cools off the fastest? This activity replicates the phenomena responsible for land breezes and sea breezes.

⊘ CHECK YOUR UNDERSTANDING

If 25 kJ is necessary to raise the temperature of a block from $25°C$ to $30°C$, how much heat is necessary to heat the block from $45°C$ to $50°C$?

Solution

The heat transfer depends only on the temperature difference. Since the temperature differences are the same in both cases, the same 25 kJ is necessary in the second case.

14.3 Phase Change and Latent Heat

So far we have discussed temperature change due to heat transfer. No temperature change occurs from heat transfer if ice melts and becomes liquid water (i.e., during a phase change). For example, consider water dripping from icicles melting on a roof warmed by the Sun. Conversely, water freezes in an ice tray cooled by lower-temperature surroundings.

Figure 14.6 Heat from the air transfers to the ice causing it to melt. (credit: Mike Brand)

Energy is required to melt a solid because the cohesive bonds between the molecules in the solid must be broken apart such that, in the liquid, the molecules can move around at comparable kinetic energies; thus, there is no rise in temperature. Similarly, energy is needed to vaporize a liquid, because molecules in a liquid interact with each other via attractive forces. There is no temperature change until a phase change is complete. The temperature of a cup of soda initially at $0°C$ stays at $0°C$ until all the ice has melted. Conversely, energy is released during freezing and condensation, usually in the form of thermal energy. Work is done by cohesive forces when molecules are brought together. The corresponding energy must be given off (dissipated) to allow them to stay together Figure 14.7.

The energy involved in a phase change depends on two major factors: the number and strength of bonds or force pairs. The number of bonds is proportional to the number of molecules and thus to the mass of the sample. The strength of forces depends on the type of molecules. The heat Q required to change the phase of a sample of mass m is given by

$$Q = mL_f \text{ (melting/freezing)},$$

14.17

$$Q = mL_v \text{ (vaporization/condensation)},$$

14.18

where the latent heat of fusion, L_f, and latent heat of vaporization, L_v, are material constants that are determined experimentally. See (Table 14.2).
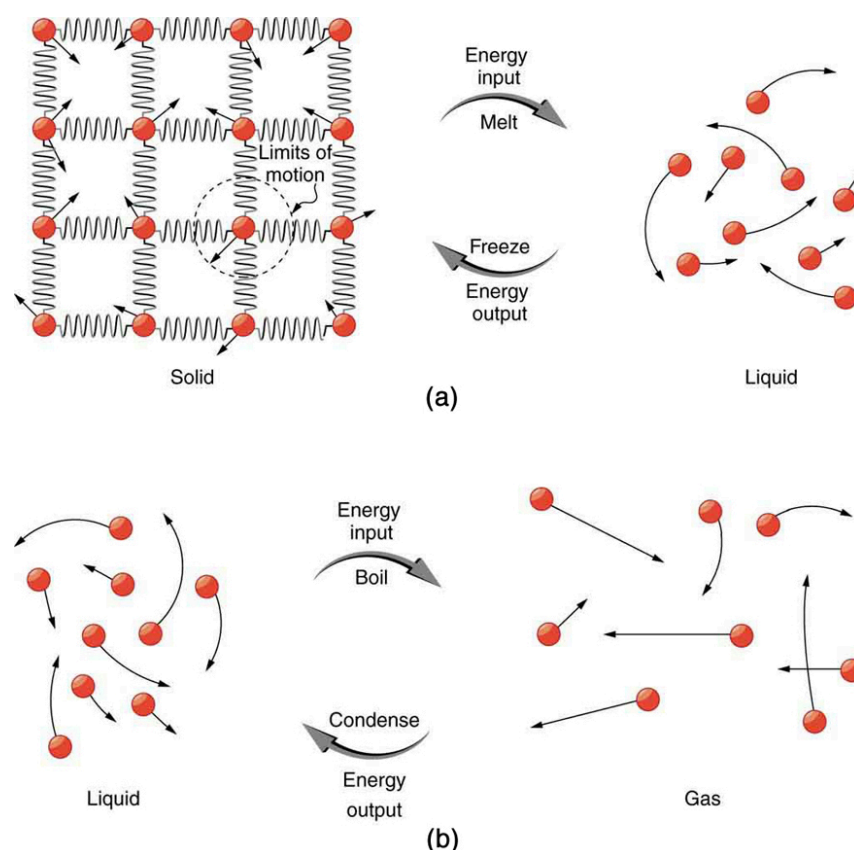
Figure 14.7 (a) Energy is required to partially overcome the attractive forces between molecules in a solid to form a liquid. That same energy must be removed for freezing to take place. (b) Molecules are separated by large distances when going from liquid to vapor, requiring significant energy to overcome molecular attraction. The same energy must be removed for condensation to take place. There is no temperature change until a phase change is complete.

Latent heat is measured in units of J/kg. Both L_f and L_v depend on the substance, particularly on the strength of its molecular forces as noted earlier. L_f and L_v are collectively called **latent heat coefficients**. They are *latent*, or hidden, because in phase changes, energy enters or leaves a system without causing a temperature change in the system; so, in effect, the energy is hidden. Table 14.2 lists representative values of L_f and L_v, together with melting and boiling points.

The table shows that significant amounts of energy are involved in phase changes. Let us look, for example, at how much energy is needed to melt a kilogram of ice at $0°C$ to produce a kilogram of water at $0°C$. Using the equation for a change in temperature and the value for water from Table 14.2, we find that $Q = mL_f =(1.0 \text{ kg})(334 \text{ kJ/kg})= 334 \text{ kJ}$ is the energy to melt a kilogram of ice. This is a lot of energy as it represents the same amount of energy needed to raise the temperature of 1 kg of liquid water from $0°C$ to $79.8°C$. Even more energy is required to vaporize water; it would take 2256 kJ to change 1 kg of liquid water at the normal boiling point ($100°C$ at atmospheric pressure) to steam (water vapor). This example shows that the energy for a phase change is enormous compared to energy associated with temperature changes without a phase change.

		L_f			L_v	
Substance	**Melting point (°C)**	**kJ/kg**	**kcal/kg**	**Boiling point (°C)**	**kJ/kg**	**kcal/kg**
Helium	−269.7	5.23	1.25	−268.9	20.9	4.99
Hydrogen	−259.3	58.6	14.0	−252.9	452	108

Table 14.2 Heats of Fusion and Vaporization [4]

		L_f			L_v	
Nitrogen	−210.0	25.5	6.09	−195.8	201	48.0
Oxygen	−218.8	13.8	3.30	−183.0	213	50.9
Ethanol	−114	104	24.9	78.3	854	204
Ammonia	−75		108	−33.4	1370	327
Mercury	−38.9	11.8	2.82	357	272	65.0
Water	0.00	334	79.8	100.0	2256[5]	539[6]
Sulfur	119	38.1	9.10	444.6	326	77.9
Lead	327	24.5	5.85	1750	871	208
Antimony	631	165	39.4	1440	561	134
Aluminum	660	380	90	2450	11400	2720
Silver	961	88.3	21.1	2193	2336	558
Gold	1063	64.5	15.4	2660	1578	377
Copper	1083	134	32.0	2595	5069	1211
Uranium	1133	84	20	3900	1900	454
Tungsten	3410	184	44	5900	4810	1150

Table 14.2 Heats of Fusion and Vaporization [4]

Phase changes can have a tremendous stabilizing effect even on temperatures that are not near the melting and boiling points, because evaporation and condensation (conversion of a gas into a liquid state) occur even at temperatures below the boiling point. Take, for example, the fact that air temperatures in humid climates rarely go above 35.0ºC, which is because most heat transfer goes into evaporating water into the air. Similarly, temperatures in humid weather rarely fall below the dew point because enormous heat is released when water vapor condenses.

We examine the effects of phase change more precisely by considering adding heat into a sample of ice at −20ºC (Figure 14.8). The temperature of the ice rises linearly, absorbing heat at a constant rate of 0.50 cal/g ·º C until it reaches 0ºC. Once at this temperature, the ice begins to melt until all the ice has melted, absorbing 79.8 cal/g of heat. The temperature remains constant at 0ºC during this phase change. Once all the ice has melted, the temperature of the liquid water rises, absorbing heat at a new constant rate of 1.00 cal/g ·º C. At 100ºC, the water begins to boil and the temperature again remains constant while the water absorbs 539 cal/g of heat during this phase change. When all the liquid has become steam vapor, the temperature rises again, absorbing heat at a rate of 0.482 cal/g ·º C.

4Values quoted at the normal melting and boiling temperatures at standard atmospheric pressure (1 atm).

5At 37.0ºC (body temperature), the heat of vaporization L_v for water is 2430 kJ/kg or 580 kcal/kg

6At 37.0ºC (body temperature), the heat of vaporization L_v for water is 2430 kJ/kg or 580 kcal/kg
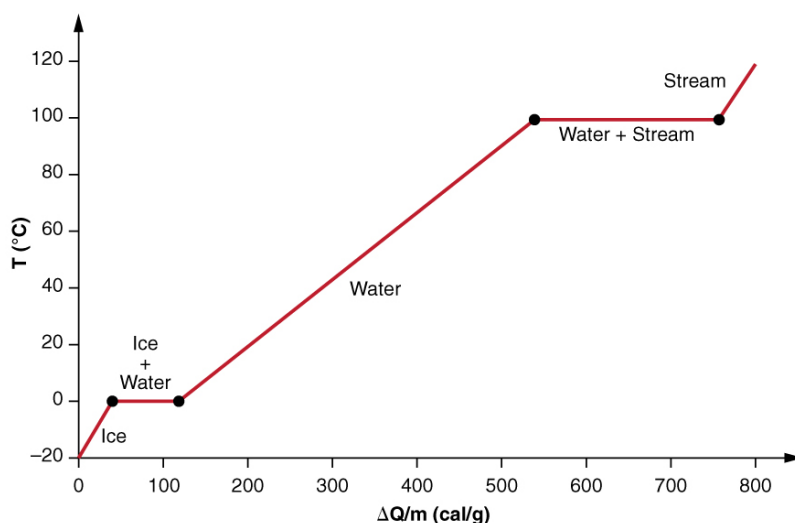
Figure 14.8 A graph of temperature versus energy added. The system is constructed so that no vapor evaporates while ice warms to become liquid water, and so that, when vaporization occurs, the vapor remains in of the system. The long stretches of constant temperature values at 0°C and 100°C reflect the large latent heat of melting and vaporization, respectively.

Water can evaporate at temperatures below the boiling point. More energy is required than at the boiling point, because the kinetic energy of water molecules at temperatures below 100°C is less than that at 100°C, hence less energy is available from random thermal motions. Take, for example, the fact that, at body temperature, perspiration from the skin requires a heat input of 2428 kJ/kg, which is about 10 percent higher than the latent heat of vaporization at 100°C. This heat comes from the skin, and thus provides an effective cooling mechanism in hot weather. High humidity inhibits evaporation, so that body temperature might rise, leaving unevaporated sweat on your brow.

✳ EXAMPLE 14.4

Calculate Final Temperature from Phase Change: Cooling Soda with Ice Cubes

Three ice cubes are used to chill a soda at 20°C with mass $m_{soda} = 0.25$ kg. The ice is at 0°C and each ice cube has a mass of 6.0 g. Assume that the soda is kept in a foam container so that heat loss can be ignored. Assume the soda has the same heat capacity as water. Find the final temperature when all ice has melted.

Strategy

The ice cubes are at the melting temperature of 0°C. Heat is transferred from the soda to the ice for melting. Melting of ice occurs in two steps: first the phase change occurs and solid (ice) transforms into liquid water at the melting temperature, then the temperature of this water rises. Melting yields water at 0°C, so more heat is transferred from the soda to this water until the water plus soda system reaches thermal equilibrium,

$$Q_{ice} = -Q_{soda}.$$

14.19

The heat transferred to the ice is $Q_{ice} = m_{ice}L_f + m_{ice}c_W(T_f - 0°C)$. The heat given off by the soda is $Q_{soda} = m_{soda}c_W(T_f - 20°C)$. Since no heat is lost, $Q_{ice} = -Q_{soda}$, so that

$$m_{ice}L_f + m_{ice}c_W (T_f - 0°C) = -m_{soda}c_W (T_f - 20°C).$$

14.20

Bring all terms involving T_f on the left-hand-side and all other terms on the right-hand-side. Solve for the unknown quantity T_f:

$$T_f = \frac{m_{soda}c_W (20°C) - m_{ice}L_f}{(m_{soda} + m_{ice})c_W}.$$

14.21

Solution

1. Identify the known quantities. The mass of ice is $m_{ice} = 3×6.0$ g $= 0.018$ kg and the mass of soda is $m_{soda} = 0.25$ kg.
2. Calculate the terms in the numerator:

$$m_{\text{soda}}c_W\,(20°C) = (0.25\ \text{kg})\,(4186\ \text{J/kg}\cdot°\text{C})\,(20°C) = 20{,}930\ \text{J}$$

<div style="text-align:right">14.22</div>

and

$$m_{\text{ice}}L_f = (0.018\ \text{kg})\,(334{,}000\ \text{J/kg}) = 6012\ \text{J}.$$

<div style="text-align:right">14.23</div>

3. Calculate the denominator:

$$(m_{\text{soda}} + m_{\text{ice}})c_W = (0.25\ \text{kg} + 0.018\ \text{kg})\,(4186\ \text{K/(kg}\cdot°\text{C})} = 1122\ \text{J/°C}.$$

<div style="text-align:right">14.24</div>

4. Calculate the final temperature:

$$T_f = \frac{20{,}930\ \text{J} - 6012\ \text{J}}{1122\ \text{J/°C}} = 13°C.$$

<div style="text-align:right">14.25</div>

Discussion

This example illustrates the enormous energies involved during a phase change. The mass of ice is about 7 percent the mass of water but leads to a noticeable change in the temperature of soda. Although we assumed that the ice was at the freezing temperature, this is incorrect: the typical temperature is $-6°C$. However, this correction gives a final temperature that is essentially identical to the result we found. Can you explain why?

We have seen that vaporization requires heat transfer to a liquid from the surroundings, so that energy is released by the surroundings. Condensation is the reverse process, increasing the temperature of the surroundings. This increase may seem surprising, since we associate condensation with cold objects—the glass in the figure, for example. However, energy must be removed from the condensing molecules to make a vapor condense. The energy is exactly the same as that required to make the phase change in the other direction, from liquid to vapor, and so it can be calculated from $Q = mL_v$.

Figure 14.9 Condensation forms on this glass of iced tea because the temperature of the nearby air is reduced to below the dew point. The rate at which water molecules join together exceeds the rate at which they separate, and so water condenses. Energy is released when the water condenses, speeding the melting of the ice in the glass. (credit: Jenny Downing)

Real-World Application

Energy is also released when a liquid freezes. This phenomenon is used by fruit growers in Florida to protect oranges when the temperature is close to the freezing point (0°C). Growers spray water on the plants in orchards so that the water freezes and heat is released to the growing oranges on the trees. This prevents the temperature inside the orange from dropping below freezing, which would damage the fruit.

Figure 14.10 The ice on these trees released large amounts of energy when it froze, helping to prevent the temperature of the trees from dropping below 0°C. Water is intentionally sprayed on orchards to help prevent hard frosts. (credit: Hermann Hammer)

Sublimation is the transition from solid to vapor phase. You may have noticed that snow can disappear into thin air without a trace of liquid water, or the disappearance of ice cubes in a freezer. The reverse is also true: Frost can form on very cold windows without going through the liquid stage. A popular effect is the making of "smoke" from dry ice, which is solid carbon dioxide. Sublimation occurs because the equilibrium vapor pressure of solids is not zero. Certain air fresheners use the sublimation of a solid to inject a perfume into the room. Moth balls are a slightly toxic example of a phenol (an organic compound) that sublimates, while some solids, such as osmium tetroxide, are so toxic that they must be kept in sealed containers to prevent human exposure to their sublimation-produced vapors.

(a)

(b)

Figure 14.11 Direct transitions between solid and vapor are common, sometimes useful, and even beautiful. (a) Dry ice sublimates directly to carbon dioxide gas. The visible vapor is made of water droplets. (credit: Windell Oskay) (b) Frost forms patterns on a very cold window, an example of a solid formed directly from a vapor. (credit: Liz West)

All phase transitions involve heat. In the case of direct solid-vapor transitions, the energy required is given by the equation $Q = mL_s$, where L_s is the **heat of sublimation**, which is the energy required to change 1.00 kg of a substance from the solid

phase to the vapor phase. L_s is analogous to L_f and L_v, and its value depends on the substance. Sublimation requires energy input, so that dry ice is an effective coolant, whereas the reverse process (i.e., frosting) releases energy. The amount of energy required for sublimation is of the same order of magnitude as that for other phase transitions.

The material presented in this section and the preceding section allows us to calculate any number of effects related to temperature and phase change. In each case, it is necessary to identify which temperature and phase changes are taking place and then to apply the appropriate equation. Keep in mind that heat transfer and work can cause both temperature and phase changes.

Problem-Solving Strategies for the Effects of Heat Transfer

1. *Examine the situation to determine that there is a change in the temperature or phase. Is there heat transfer into or out of the system?* When the presence or absence of a phase change is not obvious, you may wish to first solve the problem as if there were no phase changes, and examine the temperature change obtained. If it is sufficient to take you past a boiling or melting point, you should then go back and do the problem in steps—temperature change, phase change, subsequent temperature change, and so on.

2. *Identify and list all objects that change temperature and phase.*

3. *Identify exactly what needs to be determined in the problem (identify the unknowns).* A written list is useful.

4. *Make a list of what is given or what can be inferred from the problem as stated (identify the knowns).*

5. *Solve the appropriate equation for the quantity to be determined (the unknown).* If there is a temperature change, the transferred heat depends on the specific heat (see Table 14.1) whereas, for a phase change, the transferred heat depends on the latent heat. See Table 14.2.

6. *Substitute the knowns along with their units into the appropriate equation and obtain numerical solutions complete with units.* You will need to do this in steps if there is more than one stage to the process (such as a temperature change followed by a phase change).

7. *Check the answer to see if it is reasonable: Does it make sense?* As an example, be certain that the temperature change does not also cause a phase change that you have not taken into account.

⊘ CHECK YOUR UNDERSTANDING

Why does snow remain on mountain slopes even when daytime temperatures are higher than the freezing temperature?

Solution
Snow is formed from ice crystals and thus is the solid phase of water. Because enormous heat is necessary for phase changes, it takes a certain amount of time for this heat to be accumulated from the air, even if the air is above $0°C$. The warmer the air is, the faster this heat exchange occurs and the faster the snow melts.

14.4 Heat Transfer Methods

Equally as interesting as the effects of heat transfer on a system are the methods by which this occurs. Whenever there is a temperature difference, heat transfer occurs. Heat transfer may occur rapidly, such as through a cooking pan, or slowly, such as through the walls of a picnic ice chest. We can control rates of heat transfer by choosing materials (such as thick wool clothing for the winter), controlling air movement (such as the use of weather stripping around doors), or by choice of color (such as a white roof to reflect summer sunlight). So many processes involve heat transfer, so that it is hard to imagine a situation where no heat transfer occurs. Yet every process involving heat transfer takes place by only three methods:

1. **Conduction** is heat transfer through stationary matter by physical contact. (The matter is stationary on a macroscopic scale—we know there is thermal motion of the atoms and molecules at any temperature above absolute zero.) Heat transferred between the electric burner of a stove and the bottom of a pan is transferred by conduction.

2. **Convection** is the heat transfer by the macroscopic movement of a fluid. This type of transfer takes place in a forced-air furnace and in weather systems, for example.

3. Heat transfer by **radiation** occurs when microwaves, infrared radiation, visible light, or another form of electromagnetic radiation is emitted or absorbed. An obvious example is the warming of the Earth by the Sun. A less obvious example is thermal radiation from the human body.
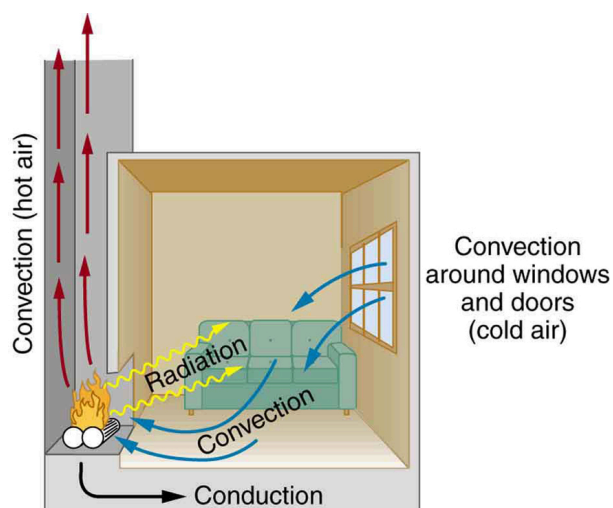
Figure 14.12 In a fireplace, heat transfer occurs by all three methods: conduction, convection, and radiation. Radiation is responsible for most of the heat transferred into the room. Heat transfer also occurs through conduction into the room, but at a much slower rate. Heat transfer by convection also occurs through cold air entering the room around windows and hot air leaving the room by rising up the chimney.

We examine these methods in some detail in the three following modules. Each method has unique and interesting characteristics, but all three do have one thing in common: they transfer heat solely because of a temperature difference Figure 14.12.

⊘ **CHECK YOUR UNDERSTANDING**

Name an example from daily life (different from the text) for each mechanism of heat transfer.

Solution

Conduction: Heat transfers into your hands as you hold a hot cup of coffee.

Convection: Heat transfers as the barista "steams" cold milk to make hot *cocoa*.

Radiation: Reheating a cold cup of coffee in a microwave oven.

14.5 Conduction

Figure 14.13 Insulation is used to limit the conduction of heat from the inside to the outside (in winters) and from the outside to the inside (in summers). (credit: Giles Douglas)

Your feet feel cold as you walk barefoot across the living room carpet in your cold house and then step onto the kitchen tile floor. This result is intriguing, since the carpet and tile floor are both at the same temperature. The different sensation you feel is explained by the different rates of heat transfer: the heat loss during the same time interval is greater for skin in contact with the tiles than with the carpet, so the temperature drop is greater on the tiles.

Some materials conduct thermal energy faster than others. In general, good conductors of electricity (metals like copper, aluminum, gold, and silver) are also good heat conductors, whereas insulators of electricity (wood, plastic, and rubber) are poor heat conductors. Figure 14.14 shows molecules in two bodies at different temperatures. The (average) kinetic energy of a molecule in the hot body is higher than in the colder body. If two molecules collide, an energy transfer from the molecule with greater kinetic energy to the molecule with less kinetic energy occurs. The cumulative effect from all collisions results in a net flux of heat from the hot body to the colder body. The heat flux thus depends on the temperature difference $\Delta T = T_{\text{hot}} - T_{\text{cold}}$. Therefore, you will get a more severe burn from boiling water than from hot tap water. Conversely, if the temperatures are the same, the net heat transfer rate falls to zero, and equilibrium is achieved. Owing to the fact that the number of collisions increases with increasing area, heat conduction depends on the cross-sectional area. If you touch a cold wall with your palm, your hand cools faster than if you just touch it with your fingertip.
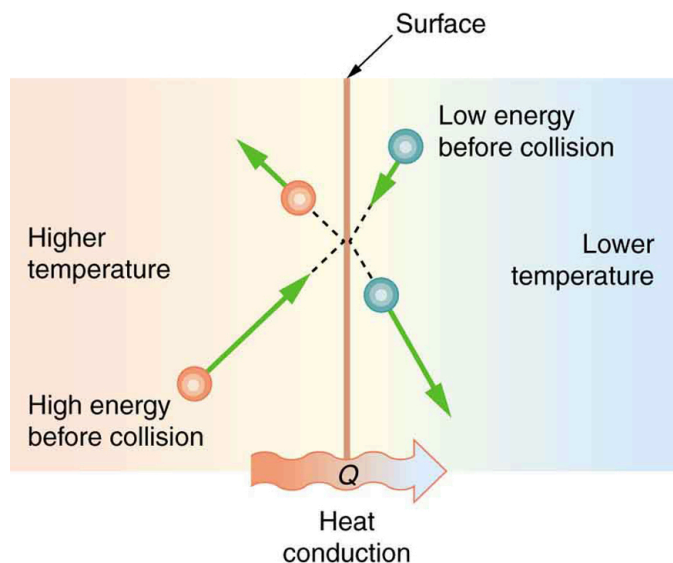

Figure 14.14 The molecules in two bodies at different temperatures have different average kinetic energies. Collisions occurring at the contact surface tend to transfer energy from high-temperature regions to low-temperature regions. In this illustration, a molecule in the lower temperature region (right side) has low energy before collision, but its energy increases after colliding with the contact surface. In contrast, a molecule in the higher temperature region (left side) has high energy before collision, but its energy decreases after colliding with the contact surface.

A third factor in the mechanism of conduction is the thickness of the material through which heat transfers. The figure below shows a slab of material with different temperatures on either side. Suppose that T_2 is greater than T_1, so that heat is transferred from left to right. Heat transfer from the left side to the right side is accomplished by a series of molecular collisions. The thicker the material, the more time it takes to transfer the same amount of heat. This model explains why thick clothing is warmer than thin clothing in winters, and why Arctic mammals protect themselves with thick blubber.
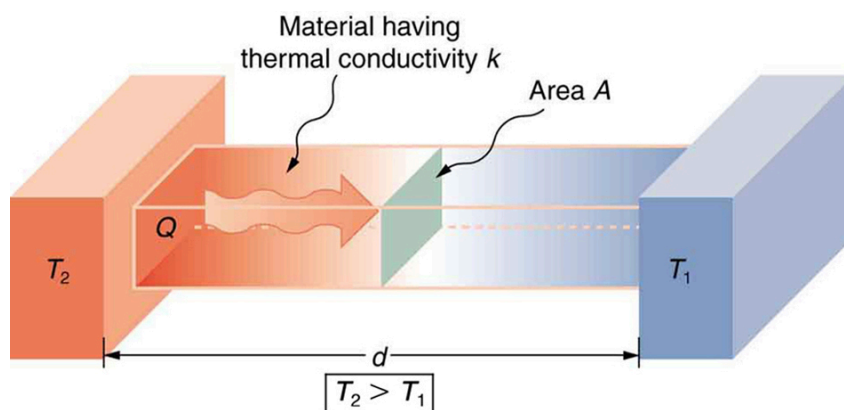
Figure 14.15 Heat conduction occurs through any material, represented here by a rectangular bar, whether window glass or walrus blubber. The temperature of the material is T_2 on the left and T_1 on the right, where T_2 is greater than T_1. The rate of heat transfer by conduction is directly proportional to the surface area A, the temperature difference $T_2 - T_1$, and the substance's conductivity k. The rate of heat transfer is inversely proportional to the thickness d.

Lastly, the heat transfer rate depends on the material properties described by the coefficient of thermal conductivity. All four factors are included in a simple equation that was deduced from and is confirmed by experiments. The **rate of conductive heat transfer** through a slab of material, such as the one in Figure 14.15, is given by

$$\frac{Q}{t} = \frac{kA(T_2 - T_1)}{d},$$

<div align="right">14.26</div>

where Q/t is the rate of heat transfer in watts or kilocalories per second, k is the **thermal conductivity** of the material, A and d are its surface area and thickness, as shown in Figure 14.15, and $(T_2 - T_1)$ is the temperature difference across the slab. Table 14.3 gives representative values of thermal conductivity.

✳ EXAMPLE 14.5

Calculating Heat Transfer Through Conduction: Conduction Rate Through an Ice Box

A Styrofoam ice box has a total area of $0.950 \ \text{m}^2$ and walls with an average thickness of 2.50 cm. The box contains ice, water, and canned beverages at $0°C$. The inside of the box is kept cold by melting ice. How much ice melts in one day if the ice box is kept in the trunk of a car at $35.0°C$?

Strategy

This question involves both heat for a phase change (melting of ice) and the transfer of heat by conduction. To find the amount of ice melted, we must find the net heat transferred. This value can be obtained by calculating the rate of heat transfer by conduction and multiplying by time.

Solution

1. Identify the knowns.

$$A = 0.950 \ \text{m}^2;$$
$$d = 2.50 \ \text{cm} = 0.0250 \ \text{m};$$
$$T_1 = 0°C;$$
$$T_2 = 35.0°C, \ t = 1 \ \text{day} = 24 \ \text{hours} = 86{,}400 \ \text{s}.$$

<div align="right">14.27</div>

2. Identify the unknowns. We need to solve for the mass of the ice, m. We will also need to solve for the net heat transferred to melt the ice, Q.

3. Determine which equations to use. The rate of heat transfer by conduction is given by

$$\frac{Q}{t} = \frac{kA(T_2 - T_1)}{d}.$$

<div align="right">14.28</div>

4. The heat is used to melt the ice: $Q = mL_f$.

5. Insert the known values:

$$\frac{Q}{t} = \frac{(0.010 \text{ J/s} \cdot \text{m} \cdot ^\circ\text{C})\left(0.950 \text{ m}^2\right)(35.0^\circ\text{C} - 0^\circ\text{C})}{0.0250 \text{ m}} = 13.3 \text{ J/s}.$$

14.29

6. Multiply the rate of heat transfer by the time (1 day = 86,400 s):

$$Q = (Q/t)t = (13.3 \text{ J/s})(86,400 \text{ s}) = 1.15 \times 10^6 \text{ J}.$$

14.30

7. Set this equal to the heat transferred to melt the ice: $Q = mL_f$. Solve for the mass m:

$$m = \frac{Q}{L_f} = \frac{1.15 \times 10^6 \text{ J}}{334 \times 10^3 \text{ J/kg}} = 3.44\text{kg}.$$

14.31

Discussion

The result of 3.44 kg, or about 7.6 lbs, seems about right, based on experience. You might expect to use about a 4 kg (7–10 lb) bag of ice per day. A little extra ice is required if you add any warm food or beverages.

Inspecting the conductivities in Table 14.3 shows that Styrofoam is a very poor conductor and thus a good insulator. Other good insulators include fiberglass, wool, and goose-down feathers. Like Styrofoam, these all incorporate many small pockets of air, taking advantage of air's poor thermal conductivity.

Substance	Thermal conductivity k (J/s · m · °C)
Silver	420
Copper	390
Gold	318
Aluminum	220
Steel iron	80
Steel (stainless)	14
Ice	2.2
Glass (average)	0.84
Concrete brick	0.84
Water	0.6
Fatty tissue (without blood)	0.2
Asbestos	0.16
Plasterboard	0.16
Wood	0.08–0.16

Table 14.3 Thermal Conductivities of Common Substances[7]

7At temperatures near 0°C.

Substance	Thermal conductivity k (J/s · m · °C)
Snow (dry)	0.10
Cork	0.042
Glass wool	0.042
Wool	0.04
Down feathers	0.025
Air	0.023
Styrofoam	0.010

Table 14.3 Thermal Conductivities of Common Substances[7]

A combination of material and thickness is often manipulated to develop good insulators—the smaller the conductivity k and the larger the thickness d, the better. The ratio of d/k will thus be large for a good insulator. The ratio d/k is called the R **factor**. The rate of conductive heat transfer is inversely proportional to R. The larger the value of R, the better the insulation. R factors are most commonly quoted for household insulation, refrigerators, and the like—unfortunately, it is still in non-metric units of ft²·°F·h/Btu, although the unit usually goes unstated (1 British thermal unit [Btu] is the amount of energy needed to change the temperature of 1.0 lb of water by 1.0 °F). A couple of representative values are an R factor of 11 for 3.5-in-thick fiberglass batts (pieces) of insulation and an R factor of 19 for 6.5-in-thick fiberglass batts. Walls are usually insulated with 3.5-in batts, while ceilings are usually insulated with 6.5-in batts. In cold climates, thicker batts may be used in ceilings and walls.
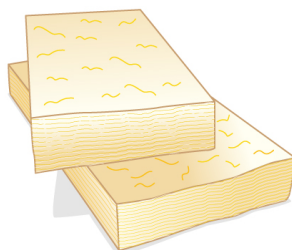

Figure 14.16 The fiberglass batt is used for insulation of walls and ceilings to prevent heat transfer between the inside of the building and the outside environment.

Note that in Table 14.3, the best thermal conductors—silver, copper, gold, and aluminum—are also the best electrical conductors, again related to the density of free electrons in them. Cooking utensils are typically made from good conductors.

✳ EXAMPLE 14.6

Calculating the Temperature Difference Maintained by a Heat Transfer: Conduction Through an Aluminum Pan

Water is boiling in an aluminum pan placed on an electrical element on a stovetop. The sauce pan has a bottom that is 0.800 cm thick and 14.0 cm in diameter. The boiling water is evaporating at the rate of 1.00 g/s. What is the temperature difference across (through) the bottom of the pan?

Strategy

Conduction through the aluminum is the primary method of heat transfer here, and so we use the equation for the rate of heat transfer and solve for the temperature difference.

$$T_2 - T_1 = \frac{Q}{t}\left(\frac{d}{kA}\right).$$

14.32

Solution

1. Identify the knowns and convert them to the SI units.
    The thickness of the pan, $d = 0.800 \text{ cm} = 8.0 \times 10^{-3}$ m, the area of the pan,
    $A = \pi(0.14/2)^2 \text{ m}^2 = 1.54 \times 10^{-2} \text{ m}^2$, and the thermal conductivity, $k = 220 \text{ J/s} \cdot \text{m} \cdot °\text{C}$.

2. Calculate the necessary heat of vaporization of 1 g of water:
    $$Q = mL_v = \left(1.00 \times 10^{-3} \text{ kg}\right)\left(2256 \times 10^3 \text{ J/kg}\right) = 2256 \text{ J}.$$

    14.33

3. Calculate the rate of heat transfer given that 1 g of water melts in one second:
    $$Q/t = 2256 \text{ J/s or } 2.26 \text{ kW}.$$

    14.34

4. Insert the knowns into the equation and solve for the temperature difference:
    $$T_2 - T_1 = \frac{Q}{t}\left(\frac{d}{kA}\right) = (2256 \text{ J/s})\frac{8.00 \times 10^{-3}\text{m}}{(220 \text{ J/s} \cdot \text{m} \cdot °\text{C})\left(1.54 \times 10^{-2} \text{ m}^2\right)} = 5.33°\text{C}.$$

    14.35

Discussion

The value for the heat transfer $Q/t = 2.26$kW or 2256 J/s is typical for an electric stove. This value gives a remarkably small temperature difference between the stove and the pan. Consider that the stove burner is red hot while the inside of the pan is nearly $100°$C because of its contact with boiling water. This contact effectively cools the bottom of the pan in spite of its proximity to the very hot stove burner. Aluminum is such a good conductor that it only takes this small temperature difference to produce a heat transfer of 2.26 kW into the pan.

Conduction is caused by the random motion of atoms and molecules. As such, it is an ineffective mechanism for heat transport over macroscopic distances and short time distances. Take, for example, the temperature on the Earth, which would be unbearably cold during the night and extremely hot during the day if heat transport in the atmosphere was to be only through conduction. In another example, car engines would overheat unless there was a more efficient way to remove excess heat from the pistons.

✅ CHECK YOUR UNDERSTANDING

How does the rate of heat transfer by conduction change when all spatial dimensions are doubled?

Solution

Because area is the product of two spatial dimensions, it increases by a factor of four when each dimension is doubled $\left(A_{\text{final}} = (2d)^2 = 4d^2 = 4A_{\text{initial}}\right)$. The distance, however, simply doubles. Because the temperature difference and the coefficient of thermal conductivity are independent of the spatial dimensions, the rate of heat transfer by conduction increases by a factor of four divided by two, or two:

$$\left(\frac{Q}{t}\right)_{\text{final}} = \frac{kA_{\text{final}}\left(T_2 - T_1\right)}{d_{\text{final}}} = \frac{k\left(4A_{\text{initial}}\right)\left(T_2 - T_1\right)}{2d_{\text{initial}}} = 2\frac{kA_{\text{initial}}\left(T_2 - T_1\right)}{d_{\text{initial}}} = 2\left(\frac{Q}{t}\right)_{\text{initial}}.$$

14.36

14.6 Convection

Convection is driven by large-scale flow of matter. In the case of Earth, the atmospheric circulation is caused by the flow of hot air from the tropics to the poles, and the flow of cold air from the poles toward the tropics. (Note that Earth's rotation causes the observed easterly flow of air in the northern hemisphere). Car engines are kept cool by the flow of water in the cooling system, with the water pump maintaining a flow of cool water to the pistons. The circulatory system is used the body: when the body overheats, the blood vessels in the skin expand (dilate), which increases the blood flow to the skin where it can be cooled by sweating. These vessels become smaller when it is cold outside and larger when it is hot (so more fluid flows, and more energy is transferred).

The body also loses a significant fraction of its heat through the breathing process.

While convection is usually more complicated than conduction, we can describe convection and do some straightforward, realistic calculations of its effects. Natural convection is driven by buoyant forces: hot air rises because density decreases as temperature increases. The house in Figure 14.17 is kept warm in this manner, as is the pot of water on the stove in Figure 14.18. Ocean currents and large-scale atmospheric circulation transfer energy from one part of the globe to another. Both are examples of natural convection.
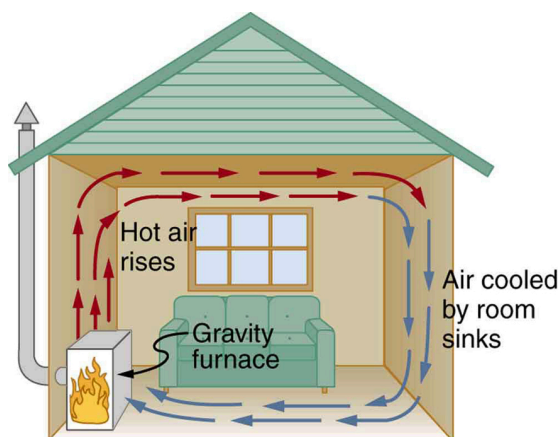

Figure 14.17 Air heated by the so-called gravity furnace expands and rises, forming a convective loop that transfers energy to other parts of the room. As the air is cooled at the ceiling and outside walls, it contracts, eventually becoming denser than room air and sinking to the floor. A properly designed heating system using natural convection, like this one, can be quite efficient in uniformly heating a home.
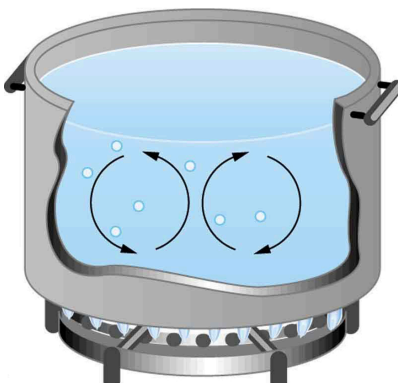

Figure 14.18 Convection plays an important role in heat transfer inside this pot of water. Once conducted to the inside, heat transfer to other parts of the pot is mostly by convection. The hotter water expands, decreases in density, and rises to transfer heat to other regions of the water, while colder water sinks to the bottom. This process keeps repeating.

Take-Home Experiment: Convection Rolls in a Heated Pan

Take two small pots of water and use an eye dropper to place a drop of food coloring near the bottom of each. Leave one on a bench top and heat the other over a stovetop. Watch how the color spreads and how long it takes the color to reach the top. Watch how convective loops form.

✳ EXAMPLE 14.7

Calculating Heat Transfer by Convection: Convection of Air Through the Walls of a House

Most houses are not airtight: air goes in and out around doors and windows, through cracks and crevices, following wiring to switches and outlets, and so on. The air in a typical house is completely replaced in less than an hour. Suppose that a moderately-sized house has inside dimensions $12.0\text{m} \times 18.0\text{m} \times 3.00\text{m}$ high, and that all air is replaced in 30.0 min. Calculate the heat transfer per unit time in watts needed to warm the incoming cold air by $10.0°\text{C}$, thus replacing the heat

transferred by convection alone.

Strategy

Heat is used to raise the temperature of air so that $Q = mc\Delta T$. The rate of heat transfer is then Q/t, where t is the time for air turnover. We are given that ΔT is $10.0°C$, but we must still find values for the mass of air and its specific heat before we can calculate Q. The specific heat of air is a weighted average of the specific heats of nitrogen and oxygen, which gives $c = c_p \cong 1000$ J/kg·°C from Table 14.4 (note that the specific heat at constant pressure must be used for this process).

Solution

1. Determine the mass of air from its density and the given volume of the house. The density is given from the density ρ and the volume

$$m = \rho V = (1.29 \text{ kg/m}^3)(12.0 \text{ m} \times 18.0 \text{ m} \times 3.00 \text{ m}) = 836 \text{ kg.}$$ 14.37

2. Calculate the heat transferred from the change in air temperature: $Q = mc\Delta T$ so that

$$Q = (836 \text{ kg})(1000 \text{ J/kg·°C})(10.0°C) = 8.36 \times 10^6 \text{ J.}$$ 14.38

3. Calculate the heat transfer from the heat Q and the turnover time t. Since air is turned over in $t = 0.500 \text{ h} = 1800 \text{ s}$, the heat transferred per unit time is

$$\frac{Q}{t} = \frac{8.36 \times 10^6 \text{ J}}{1800 \text{ s}} = 4.64 \text{ kW.}$$ 14.39

Discussion

This rate of heat transfer is equal to the power consumed by about forty-six 100-W light bulbs. Newly constructed homes are designed for a turnover time of 2 hours or more, rather than 30 minutes for the house of this example. Weather stripping, caulking, and improved window seals are commonly employed. More extreme measures are sometimes taken in very cold (or hot) climates to achieve a tight standard of more than 6 hours for one air turnover. Still longer turnover times are unhealthy, because a minimum amount of fresh air is necessary to supply oxygen for breathing and to dilute household pollutants. The term used for the process by which outside air leaks into the house from cracks around windows, doors, and the foundation is called "air infiltration."

A cold wind is much more chilling than still cold air, because convection combines with conduction in the body to increase the rate at which energy is transferred away from the body. The table below gives approximate wind-chill factors, which are the temperatures of still air that produce the same rate of cooling as air of a given temperature and speed. Wind-chill factors are a dramatic reminder of convection's ability to transfer heat faster than conduction. For example, a 15.0 m/s wind at $0°C$ has the chilling equivalent of still air at about $-18°C$.

Moving air temperature	Wind speed (m/s)				
(°C)	2	5	10	15	20
5	3	−1	−8	−10	−12
2	0	−7	−12	−16	−18
0	−2	−9	−15	−18	−20
−5	−7	−15	−22	−26	−29
−10	−12	−21	−29	−34	−36
−20	−23	−34	−44	−50	−52

Table 14.4 Wind-Chill Factors

Moving air temperature	Wind speed (m/s)				
−40	−44	−59	−73	−82	−84

Table 14.4 Wind-Chill Factors

Although air can transfer heat rapidly by convection, it is a poor conductor and thus a good insulator. The amount of available space for airflow determines whether air acts as an insulator or conductor. The space between the inside and outside walls of a house, for example, is about 9 cm (3.5 in)—large enough for convection to work effectively. The addition of wall insulation prevents airflow, so heat loss (or gain) is decreased. Similarly, the gap between the two panes of a double-paned window is about 1 cm, which prevents convection and takes advantage of air's low conductivity to prevent greater loss. Fur, fiber, and fiberglass also take advantage of the low conductivity of air by trapping it in spaces too small to support convection, as shown in the figure. Fur and feathers are lightweight and thus ideal for the protection of animals.
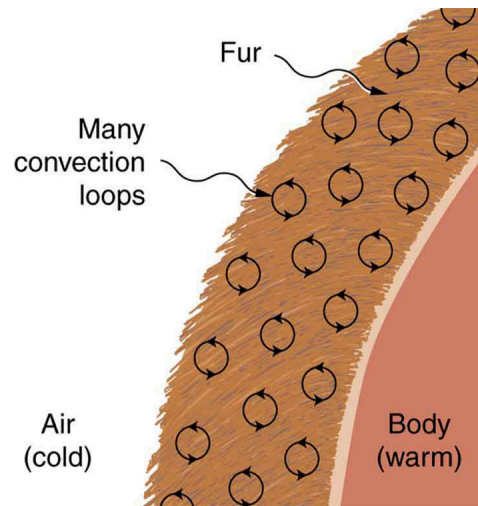

Figure 14.19 Fur is filled with air, breaking it up into many small pockets. Convection is very slow here, because the loops are so small. The low conductivity of air makes fur a very good lightweight insulator.

Some interesting phenomena happen *when convection is accompanied by a phase change*. It allows us to cool off by sweating, even if the temperature of the surrounding air exceeds body temperature. Heat from the skin is required for sweat to evaporate from the skin, but without air flow, the air becomes saturated and evaporation stops. Air flow caused by convection replaces the saturated air by dry air and evaporation continues.

✳ EXAMPLE 14.8

Calculate the Flow of Mass during Convection: Sweat-Heat Transfer away from the Body

The average person produces heat at the rate of about 120 W when at rest. At what rate must water evaporate from the body to get rid of all this energy? (This evaporation might occur when a person is sitting in the shade and surrounding temperatures are the same as skin temperature, eliminating heat transfer by other methods.)

Strategy

Energy is needed for a phase change ($Q = mL_v$). Thus, the energy loss per unit time is

$$\frac{Q}{t} = \frac{mL_v}{t} = 120 \ \text{W} = 120 \ \text{J/s.} \qquad \text{14.40}$$

We divide both sides of the equation by L_v to find that the mass evaporated per unit time is

$$\frac{m}{t} = \frac{120 \ \text{J/s}}{L_v}. \qquad \text{14.41}$$

Solution

(1) Insert the value of the latent heat from Table 14.2, $L_v = 2430$ kJ/kg $= 2430$ J/g. This yields

$$\frac{m}{t} = \frac{120 \text{ J/s}}{2430 \text{ J/g}} = 0.0494 \text{ g/s} = 2.96 \text{ g/min.}$$

14.42

Discussion

Evaporating about 3 g/min seems reasonable. This would be about 180 g (about 7 oz) per hour. If the air is very dry, the sweat may evaporate without even being noticed. A significant amount of evaporation also takes place in the lungs and breathing passages.

Another important example of the combination of phase change and convection occurs when water evaporates from the oceans. Heat is removed from the ocean when water evaporates. If the water vapor condenses in liquid droplets as clouds form, heat is released in the atmosphere. Thus, there is an overall transfer of heat from the ocean to the atmosphere. This process is the driving power behind thunderheads, those great cumulus clouds that rise as much as 20.0 km into the stratosphere. Water vapor carried in by convection condenses, releasing tremendous amounts of energy. This energy causes the air to expand and rise, where it is colder. More condensation occurs in these colder regions, which in turn drives the cloud even higher. Such a mechanism is called positive feedback, since the process reinforces and accelerates itself. These systems sometimes produce violent storms, with lightning and hail, and constitute the mechanism driving hurricanes.

Figure 14.20 Cumulus clouds are caused by water vapor that rises because of convection. The rise of clouds is driven by a positive feedback mechanism. (credit: Mike Love)

Figure 14.21 Convection accompanied by a phase change releases the energy needed to drive this thunderhead into the stratosphere. (credit: Gerardo García Moretti)

Figure 14.22 The phase change that occurs when this iceberg melts involves tremendous heat transfer. (credit: Dominic Alves)

The movement of icebergs is another example of convection accompanied by a phase change. Suppose an iceberg drifts from Greenland into warmer Atlantic waters. Heat is removed from the warm ocean water when the ice melts and heat is released to the land mass when the iceberg forms on Greenland.

⊘ CHECK YOUR UNDERSTANDING

Explain why using a fan in the summer feels refreshing!

Solution
Using a fan increases the flow of air: warm air near your body is replaced by cooler air from elsewhere. Convection increases the rate of heat transfer so that moving air "feels" cooler than still air.

14.7 Radiation

You can feel the heat transfer from a fire and from the Sun. Similarly, you can sometimes tell that the oven is hot without touching its door or looking inside—it may just warm you as you walk by. The space between the Earth and the Sun is largely empty, without any possibility of heat transfer by convection or conduction. In these examples, heat is transferred by radiation. That is, the hot body emits electromagnetic waves that are absorbed by our skin: no medium is required for electromagnetic waves to propagate. Different names are used for electromagnetic waves of different wavelengths: radio waves, microwaves, infrared **radiation**, visible light, ultraviolet radiation, X-rays, and gamma rays.

Figure 14.23 Most of the heat transfer from this fire to the observers is through infrared radiation. The visible light, although dramatic, transfers relatively little thermal energy. Convection transfers energy away from the observers as hot air rises, while conduction is negligibly slow here. Skin is very sensitive to infrared radiation, so that you can sense the presence of a fire without looking at it directly. (credit: Daniel X. O'Neil)

The energy of electromagnetic radiation depends on the wavelength (color) and varies over a wide range: a smaller wavelength (or higher frequency) corresponds to a higher energy. Because more heat is radiated at higher temperatures, a temperature change is accompanied by a color change. Take, for example, an electrical element on a stove, which glows from red to orange, while the higher-temperature steel in a blast furnace glows from yellow to white. The radiation you feel is mostly infrared, which corresponds to a lower temperature than that of the electrical element and the steel. The radiated energy depends on its intensity, which is represented in the figure below by the height of the distribution.

Electromagnetic Waves explains more about the electromagnetic spectrum and Introduction to Quantum Physics discusses how the decrease in wavelength corresponds to an increase in energy.
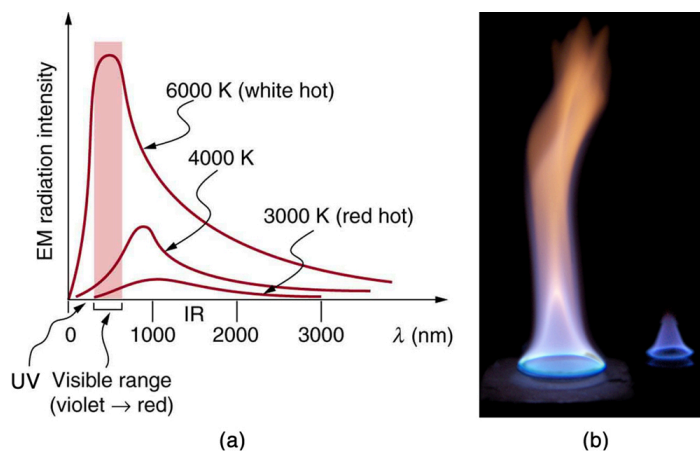

Figure 14.24 (a) A graph of the spectra of electromagnetic waves emitted from an ideal radiator at three different temperatures. The intensity or rate of radiation emission increases dramatically with temperature, and the spectrum shifts toward the visible and ultraviolet parts of the spectrum. The shaded portion denotes the visible part of the spectrum. It is apparent that the shift toward the ultraviolet with temperature makes the visible appearance shift from red to white to blue as temperature increases. (b) Note the variations in color corresponding to variations in flame temperature. (credit: Tuohirulla)

All objects absorb and emit electromagnetic radiation. The rate of heat transfer by radiation is largely determined by the color of the object. Black is the most effective, and white is the least effective. People living in hot climates generally avoid wearing black clothing, for instance (see Equation 14.44). Similarly, black asphalt in a parking lot will be hotter than adjacent gray sidewalk on a summer day, because black absorbs better than gray. The reverse is also true—black radiates better than gray. Thus, on a clear

summer night, the asphalt will be colder than the gray sidewalk, because black radiates the energy more rapidly than gray. An *ideal radiator* is the same color as an *ideal absorber*, and captures all the radiation that falls on it. In contrast, white is a poor absorber and is also a poor radiator. A white object reflects all radiation, like a mirror. (A perfect, polished white surface is mirror-like in appearance, and a crushed mirror looks white.)
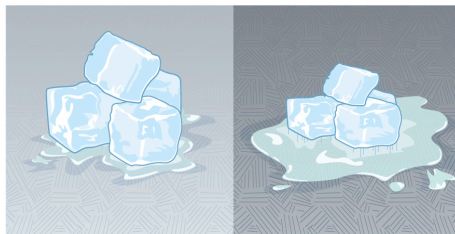

Figure 14.25 This illustration shows that the darker pavement is hotter than the lighter pavement (much more of the ice on the right has melted), although both have been in the sunlight for the same time. The thermal conductivities of the pavements are the same.

Gray objects have a uniform ability to absorb all parts of the electromagnetic spectrum. Colored objects behave in similar but more complex ways, which gives them a particular color in the visible range and may make them special in other ranges of the nonvisible spectrum. Take, for example, the strong absorption of infrared radiation by the skin, which allows us to be very sensitive to it.
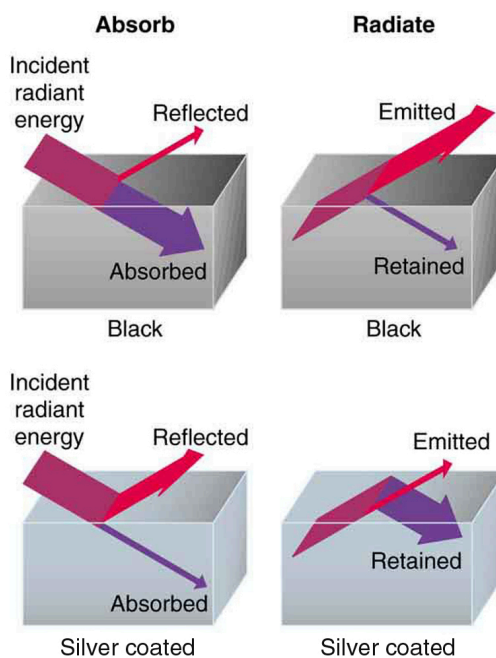

Figure 14.26 A black object is a good absorber and a good radiator, while a white (or silver) object is a poor absorber and a poor radiator. It is as if radiation from the inside is reflected back into the silver object, whereas radiation from the inside of the black object is "absorbed" when it hits the surface and finds itself on the outside and is strongly emitted.

The rate of heat transfer by emitted radiation is determined by the **Stefan-Boltzmann law of radiation**:

$$\frac{Q}{t} = \sigma e A T^4,$$

14.43

where $\sigma = 5.67 \times 10^{-8}$ J/s $\cdot$ m^2 $\cdot$ K^4 is the Stefan-Boltzmann constant, A is the surface area of the object, and T is its absolute temperature in kelvin. The symbol e stands for the **emissivity** of the object, which is a measure of how well it radiates. An ideal jet-black (or black body) radiator has $e = 1$, whereas a perfect reflector has $e = 0$. Real objects fall between these two values. Take, for example, tungsten light bulb filaments which have an e of about 0.5, and carbon black (a material used in printer toner), which has the (greatest known) emissivity of about 0.99.

The radiation rate is directly proportional to the *fourth power* of the absolute temperature—a remarkably strong temperature

dependence. Furthermore, the radiated heat is proportional to the surface area of the object. If you knock apart the coals of a fire, there is a noticeable increase in radiation due to an increase in radiating surface area.

Figure 14.27 A thermograph of part of a building shows temperature variations, indicating where heat transfer to the outside is most severe. Windows are a major region of heat transfer to the outside of homes. (credit: U.S. Army)

Skin is a remarkably good absorber and emitter of infrared radiation, having an emissivity of 0.97 in the infrared spectrum. Thus, we are all nearly (jet) black in the infrared, in spite of the obvious variations in skin color. This high infrared emissivity is why we can so easily feel radiation on our skin. It is also the basis for the use of night scopes used by law enforcement and the military to detect human beings. Even small temperature variations can be detected because of the T^4 dependence. Images, called *thermographs*, can be used medically to detect regions of abnormally high temperature in the body, perhaps indicative of disease. Similar techniques can be used to detect heat leaks in homes Figure 14.27, optimize performance of blast furnaces, improve comfort levels in work environments, and even remotely map the Earth's temperature profile.

All objects emit and absorb radiation. The *net* rate of heat transfer by radiation (absorption minus emission) is related to both the temperature of the object and the temperature of its surroundings. Assuming that an object with a temperature T_1 is surrounded by an environment with uniform temperature T_2, the **net rate of heat transfer by radiation** is

$$\frac{Q_{\text{net}}}{t} = \sigma e A \left(T_2^4 - T_1^4 \right),$$

14.44

where e is the emissivity of the object alone. In other words, it does not matter whether the surroundings are white, gray, or black; the balance of radiation into and out of the object depends on how well it emits and absorbs radiation. When $T_2 > T_1$, the quantity Q_{net}/t is positive; that is, the net heat transfer is from hot to cold.

Take-Home Experiment: Temperature in the Sun

Place a thermometer out in the sunshine and shield it from direct sunlight using an aluminum foil. What is the reading? Now remove the shield, and note what the thermometer reads. Take a handkerchief soaked in nail polish remover, wrap it around the thermometer and place it in the sunshine. What does the thermometer read?

✳ EXAMPLE 14.9

Calculate the Net Heat Transfer of a Person: Heat Transfer by Radiation

What is the rate of heat transfer by radiation, with an unclothed person standing in a dark room whose ambient temperature is 22.0°C. The person has a normal skin temperature of 33.0°C and a surface area of 1.50 m^2. The emissivity of skin is 0.97 in the infrared, where the radiation takes place.

Strategy

We can solve this by using the equation for the rate of radiative heat transfer.

Solution

Insert the temperatures values $T_2 = 295$ K and $T_1 = 306$ K, so that

$$\frac{Q}{t} = \sigma e A \left(T_2^4 - T_1^4 \right)$$ 14.45

$$= \left(5.67 \times 10^{-8} \text{ J/s} \cdot \text{m}^2 \cdot \text{K}^4 \right) (0.97) \left(1.50 \text{ m}^2 \right) \left[(295 \text{ K})^4 - (306 \text{ K})^4 \right]$$ 14.46

$$= -99 \text{ J/s} = -99 \text{ W}.$$ 14.47

Discussion

This value is a significant rate of heat transfer to the environment (note the minus sign), considering that a person at rest may produce energy at the rate of 125 W and that conduction and convection will also be transferring energy to the environment. Indeed, we would probably expect this person to feel cold. Clothing significantly reduces heat transfer to the environment by many methods, because clothing slows down both conduction and convection, and has a lower emissivity (especially if it is white) than skin.

The Earth receives almost all its energy from radiation of the Sun and reflects some of it back into outer space. Because the Sun is hotter than the Earth, the net energy flux is from the Sun to the Earth. However, the rate of energy transfer is less than the equation for the radiative heat transfer would predict because the Sun does not fill the sky. The average emissivity (e) of the Earth is about 0.65, but the calculation of this value is complicated by the fact that the highly reflective cloud coverage varies greatly from day to day. There is a negative feedback (one in which a change produces an effect that opposes that change) between clouds and heat transfer; greater temperatures evaporate more water to form more clouds, which reflect more radiation back into space, reducing the temperature. The often mentioned **greenhouse effect** is directly related to the variation of the Earth's emissivity with radiation type (see the figure given below). The greenhouse effect is a natural phenomenon responsible for providing temperatures suitable for life on Earth. The Earth's relatively constant temperature is a result of the energy balance between the incoming solar radiation and the energy radiated from the Earth. Most of the infrared radiation emitted from the Earth is absorbed by carbon dioxide (CO_2) and water (H_2O) in the atmosphere and then re-radiated back to the Earth or into outer space. Re-radiation back to the Earth maintains its surface temperature about $40°C$ higher than it would be if there was no atmosphere, similar to the way glass increases temperatures in a greenhouse.
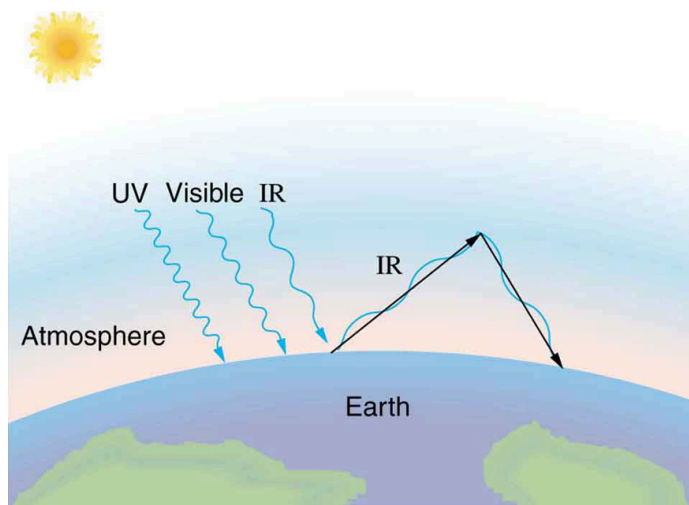
Figure 14.28 The greenhouse effect is a name given to the trapping of energy in the Earth's atmosphere by a process similar to that used in greenhouses. The atmosphere, like window glass, is transparent to incoming visible radiation and most of the Sun's infrared. These wavelengths are absorbed by the Earth and re-emitted as infrared. Since Earth's temperature is much lower than that of the Sun, the infrared radiated by the Earth has a much longer wavelength. The atmosphere, like glass, traps these longer infrared rays, keeping the Earth warmer than it would otherwise be. The amount of trapping depends on concentrations of trace gases like carbon dioxide, and a change in

the concentration of these gases is believed to affect the Earth's surface temperature.

The greenhouse effect is also central to the discussion of global warming due to emission of carbon dioxide and methane (and other so-called greenhouse gases) into the Earth's atmosphere from industrial production and farming. Changes in global climate could lead to more intense storms, precipitation changes (affecting agriculture), reduction in rain forest biodiversity, and rising sea levels.

Heating and cooling are often significant contributors to energy use in individual homes. Current research efforts into developing environmentally friendly homes quite often focus on reducing conventional heating and cooling through better building materials, strategically positioning windows to optimize radiation gain from the Sun, and opening spaces to allow convection. It is possible to build a zero-energy house that allows for comfortable living in most parts of the United States with hot and humid summers and cold winters.
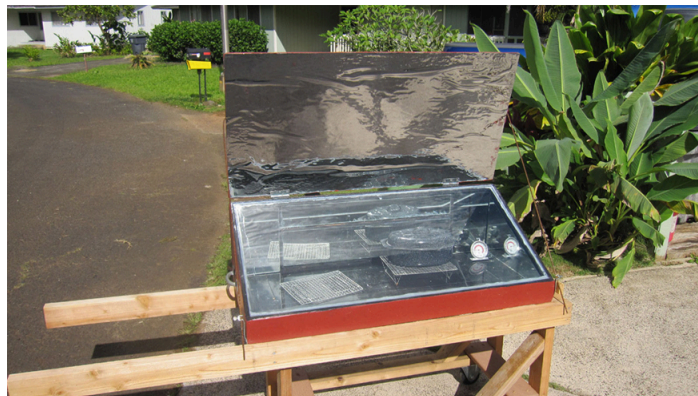

Figure 14.29 This simple but effective solar cooker uses the greenhouse effect and reflective material to trap and retain solar energy. Made of inexpensive, durable materials, it saves money and labor, and is of particular economic value in energy-poor developing countries. (credit: E.B. Kauai)

Conversely, dark space is very cold, about 3K ($-454°\text{F}$), so that the Earth radiates energy into the dark sky. Owing to the fact that clouds have lower emissivity than either oceans or land masses, they reflect some of the radiation back to the surface, greatly reducing heat transfer into dark space, just as they greatly reduce heat transfer into the atmosphere during the day. The rate of heat transfer from soil and grasses can be so rapid that frost may occur on clear summer evenings, even in warm latitudes.

⊘ CHECK YOUR UNDERSTANDING

What is the change in the rate of the radiated heat by a body at the temperature $T_1 = 20°\text{C}$ compared to when the body is at the temperature $T_2 = 40°\text{C}$?

Solution
The radiated heat is proportional to the fourth power of the *absolute temperature*. Because $T_1 = 293$ K and $T_2 = 313$ K, the rate of heat transfer increases by about 30 percent of the original rate.

Career Connection: Energy Conservation Consultation

The cost of energy is generally believed to remain very high for the foreseeable future. Thus, passive control of heat loss in both commercial and domestic housing will become increasingly important. Energy consultants measure and analyze the flow of energy into and out of houses and ensure that a healthy exchange of air is maintained inside the house. The job prospects for an energy consultant are strong.

Problem-Solving Strategies for the Methods of Heat Transfer

1. *Examine the situation to determine what type of heat transfer is involved.*
2. *Identify the type(s) of heat transfer—conduction, convection, or radiation.*
3. *Identify exactly what needs to be determined in the problem (identify the unknowns). A written list is very useful.*
4. *Make a list of what is given or can be inferred from the problem as stated (identify the knowns).*
5. *Solve the appropriate equation for the quantity to be determined (the unknown).*
6. *For conduction, equation $\frac{Q}{t} = \frac{kA(T_2 - T_1)}{d}$ is appropriate.* Table 14.3 lists thermal conductivities. For convection, determine the amount of matter moved and use equation $Q = mc\Delta T$, to calculate the heat transfer involved in the temperature change of the fluid. If a phase change accompanies convection, equation $Q = mL_f$ or $Q = mL_v$ is appropriate to find the heat transfer involved in the phase change. Table 14.2 lists information relevant to phase change. For radiation, equation $\frac{Q_{net}}{t} = \sigma e A \left(T_2^4 - T_1^4 \right)$ gives the net heat transfer rate.
7. *Insert the knowns along with their units into the appropriate equation and obtain numerical solutions complete with units.*
8. *Check the answer to see if it is reasonable. Does it make sense?*

GLOSSARY

conduction   heat transfer through stationary matter by physical contact

convection   heat transfer by the macroscopic movement of fluid

emissivity   measure of how well an object radiates

greenhouse effect   warming of the Earth that is due to gases such as carbon dioxide and methane that absorb infrared radiation from the Earth's surface and reradiate it in all directions, thus sending a fraction of it back toward the surface of the Earth

heat   the spontaneous transfer of energy due to a temperature difference

heat of sublimation   the energy required to change a substance from the solid phase to the vapor phase

kilocalorie   1 kilocalorie = 1000 calories

latent heat coefficient   a physical constant equal to the amount of heat transferred for every 1 kg of a substance during the change in phase of the substance

mechanical equivalent of heat   the work needed to produce the same effects as heat transfer

net rate of heat transfer by radiation   is

$$\frac{Q_{\text{net}}}{t} = \sigma e A \left(T_2^4 - T_1^4 \right)$$

R factor   the ratio of thickness to the conductivity of a material

radiation   heat transfer which occurs when microwaves, infrared radiation, visible light, or other electromagnetic radiation is emitted or absorbed

radiation   energy transferred by electromagnetic waves directly as a result of a temperature difference

rate of conductive heat transfer   rate of heat transfer from one material to another

specific heat   the amount of heat necessary to change the temperature of 1.00 kg of a substance by 1.00 °C

Stefan-Boltzmann law of radiation $\frac{Q}{t} = \sigma e A T^4$, where σ is the Stefan-Boltzmann constant, A is the surface area of the object, T is the absolute temperature, and e is the emissivity

sublimation   the transition from the solid phase to the vapor phase

thermal conductivity   the property of a material's ability to conduct heat

SECTION SUMMARY

14.1 Heat

- Heat and work are the two distinct methods of energy transfer.
- Heat is energy transferred solely due to a temperature difference.
- Any energy unit can be used for heat transfer, and the most common are kilocalorie (kcal) and joule (J).
- Kilocalorie is defined to be the energy needed to change the temperature of 1.00 kg of water between 14.5°C and 15.5°C.
- The mechanical equivalent of this heat transfer is 1.00 kcal = 4186 J.

14.2 Temperature Change and Heat Capacity

- The transfer of heat Q that leads to a change ΔT in the temperature of a body with mass m is $Q = mc\Delta T$, where c is the specific heat of the material. This relationship can also be considered as the definition of specific heat.

14.3 Phase Change and Latent Heat

- Most substances can exist either in solid, liquid, and gas forms, which are referred to as "phases."
- Phase changes occur at fixed temperatures for a given substance at a given pressure, and these temperatures

are called boiling and freezing (or melting) points.

- During phase changes, heat absorbed or released is given by:
  $Q = mL$,
  where L is the latent heat coefficient.

14.4 Heat Transfer Methods

- Heat is transferred by three different methods: conduction, convection, and radiation.

14.5 Conduction

- Heat conduction is the transfer of heat between two objects in direct contact with each other.
- The rate of heat transfer Q/t (energy per unit time) is proportional to the temperature difference $T_2 - T_1$ and the contact area A and inversely proportional to the distance d between the objects:
  $$\frac{Q}{t} = \frac{kA(T_2 - T_1)}{d}.$$

14.6 Convection

- Convection is heat transfer by the macroscopic movement of mass. Convection can be natural or forced and generally transfers thermal energy faster than conduction. Table 14.4 gives wind-chill factors, indicating that moving air has the same chilling effect of much colder stationary air. *Convection that occurs along with a phase change* can transfer energy from

cold regions to warm ones.

14.7 Radiation

- Radiation is the rate of heat transfer through the emission or absorption of electromagnetic waves.
- The rate of heat transfer depends on the surface area and the fourth power of the absolute temperature:

$$\frac{Q}{t} = \sigma e A T^4,$$

where $\sigma = 5.67 \times 10^{-8}$ J/s · m^2 · K^4 is the Stefan-Boltzmann constant and e is the emissivity of the body.

For a black body, $e = 1$ whereas a shiny white or perfect reflector has $e = 0$, with real objects having values of e between 1 and 0. The net rate of heat transfer by radiation is

$$\frac{Q_{\text{net}}}{t} = \sigma e A \left(T_2^4 - T_1^4 \right)$$

where T_1 is the temperature of an object surrounded by an environment with uniform temperature T_2 and e is the emissivity of the *object*.

CONCEPTUAL QUESTIONS

14.1 Heat

1. How is heat transfer related to temperature?
2. Describe a situation in which heat transfer occurs. What are the resulting forms of energy?
3. When heat transfers into a system, is the energy stored as heat? Explain briefly.

14.2 Temperature Change and Heat Capacity

4. What three factors affect the heat transfer that is necessary to change an object's temperature?
5. The brakes in a car increase in temperature by ΔT when bringing the car to rest from a speed v. How much greater would ΔT be if the car initially had twice the speed? You may assume the car to stop sufficiently fast so that no heat transfers out of the brakes.

14.3 Phase Change and Latent Heat

6. Heat transfer can cause temperature and phase changes. What else can cause these changes?
7. How does the latent heat of fusion of water help slow the decrease of air temperatures, perhaps preventing temperatures from falling significantly below 0°C, in the vicinity of large bodies of water?
8. What is the temperature of ice right after it is formed by freezing water?
9. If you place 0°C ice into 0°C water in an insulated container, what will happen? Will some ice melt, will more water freeze, or will neither take place?
10. What effect does condensation on a glass of ice water have on the rate at which the ice melts? Will the condensation speed up the melting process or slow it down?

11. In very humid climates where there are numerous bodies of water, such as in Florida, it is unusual for temperatures to rise above about 35°C(95°F). In deserts, however, temperatures can rise far above this. Explain how the evaporation of water helps limit high temperatures in humid climates.
12. In winters, it is often warmer in San Francisco than in nearby Sacramento, 150 km inland. In summers, it is nearly always hotter in Sacramento. Explain how the bodies of water surrounding San Francisco moderate its extreme temperatures.
13. Putting a lid on a boiling pot greatly reduces the heat transfer necessary to keep it boiling. Explain why.
14. Freeze-dried foods have been dehydrated in a vacuum. During the process, the food freezes and must be heated to facilitate dehydration. Explain both how the vacuum speeds up dehydration and why the food freezes as a result.
15. When still air cools by radiating at night, it is unusual for temperatures to fall below the dew point. Explain why.
16. In a physics classroom demonstration, an instructor inflates a balloon by mouth and then cools it in liquid nitrogen. When cold, the shrunken balloon has a small amount of light blue liquid in it, as well as some snow-like crystals. As it warms up, the liquid boils, and part of the crystals sublimate, with some crystals lingering for awhile and then producing a liquid. Identify the blue liquid and the two solids in the cold balloon. Justify your identifications using data from Table 14.2.

14.4 Heat Transfer Methods

17. What are the main methods of heat transfer from the hot core of Earth to its surface? From Earth's surface to outer space?
18. When our bodies get too warm, they respond by sweating and increasing blood circulation to the surface to transfer thermal energy away from the core. What effect will this have on a person in a 40.0°C hot tub?

19. Figure 14.30 shows a cut-away drawing of a thermos bottle (also known as a Dewar flask), which is a device designed specifically to slow down all forms of heat transfer. Explain the functions of the various parts, such as the vacuum, the silvering of the walls, the thin-walled long glass neck, the rubber support, the air layer, and the stopper.
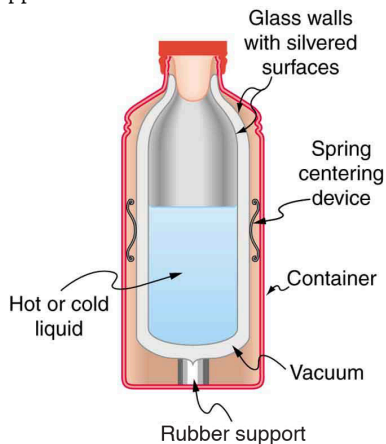

Figure 14.30 The construction of a thermos bottle is designed to inhibit all methods of heat transfer.

14.5 Conduction

20. Some electric stoves have a flat ceramic surface with heating elements hidden beneath. A pot placed over a heating element will be heated, while it is safe to touch the surface only a few centimeters away. Why is ceramic, with a conductivity less than that of a metal but greater than that of a good insulator, an ideal choice for the stove top?

21. Loose-fitting white clothing covering most of the body is ideal for desert dwellers, both in the hot Sun and during cold evenings. Explain how such clothing is advantageous during both day and night.

Figure 14.31   A jellabiya is worn by many men in Egypt. (credit: Zerida)

14.6 Convection

22. One way to make a fireplace more energy efficient is to have an external air supply for the combustion of its fuel. Another is to have room air circulate around the outside of the fire box and back into the room. Detail the methods of heat transfer involved in each.

23. On cold, clear nights horses will sleep under the cover of large trees. How does this help them keep warm?

14.7 Radiation

24. When watching a daytime circus in a large, dark-colored tent, you sense significant heat transfer from the tent. Explain why this occurs.

25. Satellites designed to observe the radiation from cold (3 K) dark space have sensors that are shaded from the Sun, Earth, and Moon and that are cooled to very low temperatures. Why must the sensors be at low temperature?

26. Why are cloudy nights generally warmer than clear ones?

27. Why are thermometers that are used in weather stations shielded from the sunshine? What does a thermometer measure if it is shielded from the sunshine and also if it is not?

28. On average, would Earth be warmer or cooler without the atmosphere? Explain your answer.

PROBLEMS & EXERCISES

14.2 Temperature Change and Heat Capacity

1. On a hot day, the temperature of an 80,000-L swimming pool increases by $1.50°C$. What is the net heat transfer during this heating? Ignore any complications, such as loss of water by evaporation.

2. Show that 1 cal/g $\cdot$ $°C = 1$ kcal/kg$\cdot°C$.

3. To sterilize a 50.0-g glass baby bottle, we must raise its temperature from $22.0°C$ to $95.0°C$. How much heat transfer is required?

4. The same heat transfer into identical masses of different substances produces different temperature changes. Calculate the final temperature when 1.00 kcal of heat transfers into 1.00 kg of the following, originally at $20.0°C$: (a) water; (b) concrete; (c) steel; and (d) mercury.

5. Rubbing your hands together warms them by converting work into thermal energy. If a woman rubs her hands back and forth for a total of 20 rubs, at a distance of 7.50 cm per rub, and with an average frictional force of 40.0 N, what is the temperature increase? The mass of tissues warmed is only 0.100 kg, mostly in the palms and fingers.

6. A 0.250-kg block of a pure material is heated from $20.0°C$ to $65.0°C$ by the addition of 4.35 kJ of energy. Calculate its specific heat and identify the substance of which it is most likely composed.

7. Suppose identical amounts of heat transfer into different masses of copper and water, causing identical changes in temperature. What is the ratio of the mass of copper to water?

8. (a) The number of kilocalories in food is determined by calorimetry techniques in which the food is burned and the amount of heat transfer is measured. How many kilocalories per gram are there in a 5.00-g peanut if the energy from burning it is transferred to 0.500 kg of water held in a 0.100-kg aluminum cup, causing a $54.9°C$ temperature increase? (b) Compare your answer to labeling information found on a package of peanuts and comment on whether the values are consistent.

9. Following vigorous exercise, the body temperature of an 80.0-kg person is $40.0°C$. At what rate in watts must the person transfer thermal energy to reduce the the body temperature to $37.0°C$ in 30.0 min, assuming the body continues to produce energy at the rate of 150 W?
(1 watt $= 1$ joule/second or 1 W $= 1$ J/s).

10. Even when shut down after a period of normal use, a large commercial nuclear reactor transfers thermal energy at the rate of 150 MW by the radioactive decay of fission products. This heat transfer causes a rapid increase in temperature if the cooling system fails (1 watt = 1 joule/second or 1 W = 1 J/s and 1 MW = 1 megawatt). (a) Calculate the rate of temperature increase in degrees Celsius per second (°C/s) if the mass of the reactor core is 1.60×10^5 kg and it has an average specific heat of 0.3349 kJ/kg$° \cdot$ C. (b) How long would it take to obtain a temperature increase of $2000°C$, which could cause some metals holding the radioactive materials to melt? (The initial rate of temperature increase would be greater than that calculated here because the heat transfer is concentrated in a smaller mass. Later, however, the temperature increase would slow down because the 5×10^5-kg steel containment vessel would also begin to heat up.)
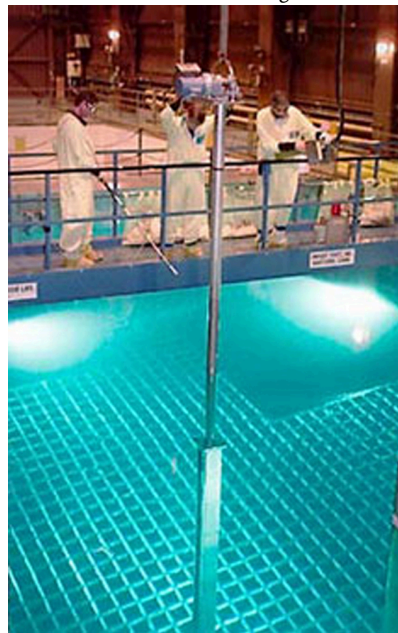

Figure 14.32 Radioactive spent-fuel pool at a nuclear power plant. Spent fuel stays hot for a long time. (credit: U.S. Department of Energy)

14.3 Phase Change and Latent Heat

11. How much heat transfer (in kilocalories) is required to thaw a 0.450-kg package of frozen vegetables originally at $0°C$ if their heat of fusion is the same as that of water?

12. A bag containing 0°C ice is much more effective in absorbing energy than one containing the same amount of 0°C water.
    a. How much heat transfer is necessary to raise the temperature of 0.800 kg of water from 0°C to 30.0°C?
    b. How much heat transfer is required to first melt 0.800 kg of 0°C ice and then raise its temperature?
    c. Explain how your answer supports the contention that the ice is more effective.

13. (a) How much heat transfer is required to raise the temperature of a 0.750-kg aluminum pot containing 2.50 kg of water from 30.0°C to the boiling point and then boil away 0.750 kg of water? (b) How long does this take if the rate of heat transfer is 500 W 1 watt = 1 joule/second (1 W = 1 J/s)?

14. The formation of condensation on a glass of ice water causes the ice to melt faster than it would otherwise. If 8.00 g of condensation forms on a glass containing both water and 200 g of ice, how many grams of the ice will melt as a result? Assume no other heat transfer occurs.

15. On a trip, you notice that a 3.50-kg bag of ice lasts an average of one day in your cooler. What is the average power in watts entering the ice if it starts at 0°C and completely melts to 0°C water in exactly one day 1 watt = 1 joule/second (1 W = 1 J/s)?

16. On a certain dry sunny day, a swimming pool's temperature would rise by 1.50°C if not for evaporation. What fraction of the water must evaporate to carry away precisely enough energy to keep the temperature constant?

17. (a) How much heat transfer is necessary to raise the temperature of a 0.200-kg piece of ice from -20.0°C to 130°C, including the energy needed for phase changes?
    (b) How much time is required for each stage, assuming a constant 20.0 kJ/s rate of heat transfer?
    (c) Make a graph of temperature versus time for this process.

18. In 1986, a gargantuan iceberg broke away from the Ross Ice Shelf in Antarctica. It was approximately a rectangle 160 km long, 40.0 km wide, and 250 m thick.
    (a) What is the mass of this iceberg, given that the density of ice is 917 kg/m^3?
    (b) How much heat transfer (in joules) is needed to melt it?
    (c) How many years would it take sunlight alone to melt ice this thick, if the ice absorbs an average of 100 W/m^2, 12.00 h per day?

19. How many grams of coffee must evaporate from 350 g of coffee in a 100-g glass cup to cool the coffee from 95.0°C to 45.0°C? You may assume the coffee has the same thermal properties as water and that the average heat of vaporization is 2340 kJ/kg (560 cal/g). (You may neglect the change in mass of the coffee as it cools, which will give you an answer that is slightly larger than correct.)

20. (a) It is difficult to extinguish a fire on a crude oil tanker, because each liter of crude oil releases 2.80×10^7 J of energy when burned. To illustrate this difficulty, calculate the number of liters of water that must be expended to absorb the energy released by burning 1.00 L of crude oil, if the water has its temperature raised from 20.0°C to 100°C, it boils, and the resulting steam is raised to 300°C. (b) Discuss additional complications caused by the fact that crude oil has a smaller density than water.

21. The energy released from condensation in thunderstorms can be very large. Calculate the energy released into the atmosphere for a small storm of radius 1 km, assuming that 1.0 cm of rain is precipitated uniformly over this area.

22. To help prevent frost damage, 4.00 kg of 0°C water is sprayed onto a fruit tree.
    (a) How much heat transfer occurs as the water freezes?
    (b) How much would the temperature of the 200-kg tree decrease if this amount of heat transferred from the tree? Take the specific heat to be $3.35 \text{ kJ/kg} \cdot^\circ$C, and assume that no phase change occurs.

23. A 0.250-kg aluminum bowl holding 0.800 kg of soup at 25.0°C is placed in a freezer. What is the final temperature if 377 kJ of energy is transferred from the bowl and soup, assuming the soup's thermal properties are the same as that of water? Explicitly show how you follow the steps in Problem-Solving Strategies for the Effects of Heat Transfer.

24. A 0.0500-kg ice cube at -30.0°C is placed in 0.400 kg of 35.0°C water in a very well-insulated container. What is the final temperature?

25. If you pour 0.0100 kg of 20.0°C water onto a 1.20-kg block of ice (which is initially at -15.0°C), what is the final temperature? You may assume that the water cools so rapidly that effects of the surroundings are negligible.

26. Indigenous people sometimes cook in watertight baskets by placing hot rocks into water to bring it to a boil. What mass of 500°C rock must be placed in 4.00 kg of 15.0°C water to bring its temperature to 100°C, if 0.0250 kg of water escapes as vapor from the initial sizzle? You may neglect the effects of the surroundings and take the average specific heat of the rocks to be that of granite.

27. What would be the final temperature of the pan and water in Calculating the Final Temperature When Heat Is Transferred Between Two Bodies: Pouring Cold Water in a Hot Pan if 0.260 kg of water was placed in the pan and 0.0100 kg of the water evaporated immediately, leaving the remainder to come to a common temperature with the pan?

28. In some countries, liquid nitrogen is used on dairy trucks instead of mechanical refrigerators. A 3.00-hour delivery trip requires 200 L of liquid nitrogen, which has a density of 808 kg/m^3.
(a) Calculate the heat transfer necessary to evaporate this amount of liquid nitrogen and raise its temperature to $3.00°C$. (Use c_p and assume it is constant over the temperature range.) This value is the amount of cooling the liquid nitrogen supplies.
(b) What is this heat transfer rate in kilowatt-hours?
(c) Compare the amount of cooling obtained from melting an identical mass of $0°C$ ice with that from evaporating the liquid nitrogen.

29. Some gun fanciers make their own bullets, which involves melting and casting the lead slugs. How much heat transfer is needed to raise the temperature and melt 0.500 kg of lead, starting from $25.0°C$?

14.5 Conduction

30. (a) Calculate the rate of heat conduction through house walls that are 13.0 cm thick and that have an average thermal conductivity twice that of glass wool. Assume there are no windows or doors. The surface area of the walls is 120 m^2 and their inside surface is at $18.0°C$, while their outside surface is at $5.00°C$. (b) How many 1-kW room heaters would be needed to balance the heat transfer due to conduction?

31. The rate of heat conduction out of a window on a winter day is rapid enough to chill the air next to it. To see just how rapidly the windows transfer heat by conduction, calculate the rate of conduction in watts through a 3.00-m^2 window that is 0.635 cm thick (1/4 in) if the temperatures of the inner and outer surfaces are $5.00°C$ and $-10.0°C$, respectively. This rapid rate will not be maintained—the inner surface will cool, and even result in frost formation.

32. Calculate the rate of heat conduction out of the human body, assuming that the core internal temperature is $37.0°C$, the skin temperature is $34.0°C$, the thickness of the tissues between averages 1.00 cm, and the surface area is 1.40 m^2.

33. Suppose you stand with one foot on ceramic flooring and one foot on a wool carpet, making contact over an area of 80.0 cm^2 with each foot. Both the ceramic and the carpet are 2.00 cm thick and are $10.0°C$ on their bottom sides. At what rate must heat transfer occur from each foot to keep the top of the ceramic and carpet at $33.0°C$?

34. A man consumes 3000 kcal of food in one day, converting most of it to maintain body temperature. If he loses half this energy by evaporating water (through breathing and sweating), how many kilograms of water evaporate?

35. (a) A firewalker runs across a bed of hot coals without sustaining burns. Calculate the heat transferred by conduction into the sole of one foot of a firewalker given that the bottom of the foot is a 3.00-mm-thick callus with a conductivity at the low end of the range for wood and its density is 300 kg/m^3. The area of contact is 25.0 cm^2, the temperature of the coals is $700°C$, and the time in contact is 1.00 s.
(b) What temperature increase is produced in the 25.0 cm^3 of tissue affected?
(c) What effect do you think this will have on the tissue, keeping in mind that a callus is made of dead cells?

36. (a) What is the rate of heat conduction through the 3.00-cm-thick fur of a large animal having a 1.40-m^2 surface area? Assume that the animal's skin temperature is $32.0°C$, that the air temperature is $-5.00°C$, and that fur has the same thermal conductivity as air. (b) What food intake will the animal need in one day to replace this heat transfer?

37. A walrus transfers energy by conduction through its blubber at the rate of 150 W when immersed in $-1.00°C$ water. The walrus's internal core temperature is $37.0°C$, and it has a surface area of 2.00 m^2. What is the average thickness of its blubber, which has the conductivity of fatty tissues without blood?

Figure 14.33   Walrus on ice. (credit: Captain Budd Christman, NOAA Corps)

38. Compare the rate of heat conduction through a 13.0-cm-thick wall that has an area of 10.0 m^2 and a thermal conductivity twice that of glass wool with the rate of heat conduction through a window that is 0.750 cm thick and that has an area of 2.00 m^2, assuming the same temperature difference across each.

39. Suppose a person is covered head to foot by wool clothing with average thickness of 2.00 cm and is transferring energy by conduction through the clothing at the rate of 50.0 W. What is the temperature difference across the clothing, given the surface area is 1.40 m^2?

40. Some stove tops are smooth ceramic for easy cleaning. If the ceramic is 0.600 cm thick and heat conduction occurs through the same area and at the same rate as computed in Example 14.6, what is the temperature difference across it? Ceramic has the same thermal conductivity as glass and brick.

41. One easy way to reduce heating (and cooling) costs is to add extra insulation in the attic of a house. Suppose the house already had 15 cm of fiberglass insulation in the attic and in all the exterior surfaces. If you added an extra 8.0 cm of fiberglass to the attic, then by what percentage would the heating cost of the house drop? Take the single story house to be of dimensions 10 m by 15 m by 3.0 m. Ignore air infiltration and heat loss through windows and doors.

42. (a) Calculate the rate of heat conduction through a double-paned window that has a 1.50-m^2 area and is made of two panes of 0.800-cm-thick glass separated by a 1.00-cm air gap. The inside surface temperature is $15.0°C$, while that on the outside is $-10.0°C$. (Hint: There are identical temperature drops across the two glass panes. First find these and then the temperature drop across the air gap. This problem ignores the increased heat transfer in the air gap due to convection.)
(b) Calculate the rate of heat conduction through a 1.60-cm-thick window of the same area and with the same temperatures. Compare your answer with that for part (a).

43. Many decisions are made on the basis of the payback period: the time it will take through savings to equal the capital cost of an investment. Acceptable payback times depend upon the business or philosophy one has. (For some industries, a payback period is as small as two years.) Suppose you wish to install the extra insulation in Exercise 14.41. If energy cost $1.00 per million joules and the insulation was $4.00 per square meter, then calculate the simple payback time. Take the average ΔT for the 120 day heating season to be $15.0°C$.

44. For the human body, what is the rate of heat transfer by conduction through the body's tissue with the following conditions: the tissue thickness is 3.00 cm, the change in temperature is $2.00°C$, and the skin area is 1.50 m^2. How does this compare with the average heat transfer rate to the body resulting from an energy intake of about 2400 kcal per day? (No exercise is included.)

14.6 Convection

45. At what wind speed does $-10°C$ air cause the same chill factor as still air at $-29°C$?

46. At what temperature does still air cause the same chill factor as $-5°C$ air moving at 15 m/s?

47. The "steam" above a freshly made cup of instant coffee is really water vapor droplets condensing after evaporating from the hot coffee. What is the final temperature of 250 g of hot coffee initially at $90.0°C$ if 2.00 g evaporates from it? The coffee is in a Styrofoam cup, so other methods of heat transfer can be neglected.

48. (a) How many kilograms of water must evaporate from a 60.0-kg woman to lower her body temperature by $0.750°C$?
(b) Is this a reasonable amount of water to evaporate in the form of perspiration, assuming the relative humidity of the surrounding air is low?

49. On a hot dry day, evaporation from a lake has just enough heat transfer to balance the 1.00 kW/m^2 of incoming heat from the Sun. What mass of water evaporates in 1.00 h from each square meter? Explicitly show how you follow the steps in the Problem-Solving Strategies for the Effects of Heat Transfer.

50. One winter day, the climate control system of a large university classroom building malfunctions. As a result, 500 m^3 of excess cold air is brought in each minute. At what rate in kilowatts must heat transfer occur to warm this air by $10.0°C$ (that is, to bring the air to room temperature)?

51. The Kilauea volcano in Hawaii is the world's most active, disgorging about 5×10^5 m^3 of 1200°C lava per day. What is the rate of heat transfer out of Earth by convection if this lava has a density of 2700 kg/m^3 and eventually cools to 30°C? Assume that the specific heat of lava is the same as that of granite.
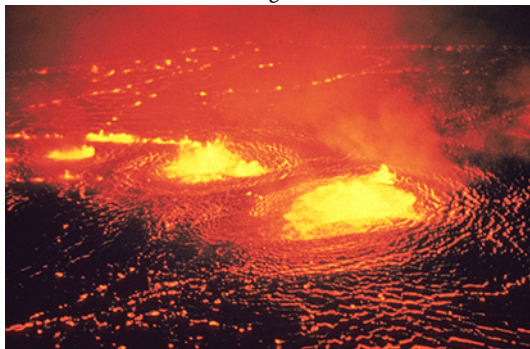

Figure 14.34   Lava flow on Kilauea volcano in Hawaii. (credit: J. P. Eaton, U.S. Geological Survey)

52. During heavy exercise, the body pumps 2.00 L of blood per minute to the surface, where it is cooled by 2.00°C. What is the rate of heat transfer from this forced convection alone, assuming blood has the same specific heat as water and its density is 1050 kg/m^3?

53. A person inhales and exhales 2.00 L of 37.0°C air, evaporating 4.00×10^{-2} g of water from the lungs and breathing passages with each breath.
(a) How much heat transfer occurs due to evaporation in each breath?
(b) What is the rate of heat transfer in watts if the person is breathing at a moderate rate of 18.0 breaths per minute?
(c) If the inhaled air had a temperature of 20.0°C, what is the rate of heat transfer for warming the air?
(d) Discuss the total rate of heat transfer as it relates to typical metabolic rates. Will this breathing be a major form of heat transfer for this person?

54. A glass coffee pot has a circular bottom with a 9.00-cm diameter in contact with a heating element that keeps the coffee warm with a continuous heat transfer rate of 50.0 W
(a) What is the temperature of the bottom of the pot, if it is 3.00 mm thick and the inside temperature is 60.0°C?
(b) If the temperature of the coffee remains constant and all of the heat transfer is removed by evaporation, how many grams per minute evaporate? Take the heat of vaporization to be 2340 kJ/kg.

14.7 Radiation

55. At what net rate does heat radiate from a 275-m^2 black roof on a night when the roof's temperature is 30.0°C and the surrounding temperature is 15.0°C? The emissivity of the roof is 0.900.

56. (a) Cherry-red embers in a fireplace are at 850°C and have an exposed area of 0.200 m^2 and an emissivity of 0.980. The surrounding room has a temperature of 18.0°C. If 50% of the radiant energy enters the room, what is the net rate of radiant heat transfer in kilowatts?
(b) Does your answer support the contention that most of the heat transfer into a room by a fireplace comes from infrared radiation?

57. Radiation makes it impossible to stand close to a hot lava flow. Calculate the rate of heat transfer by radiation from 1.00 m^2 of 1200°C fresh lava into 30.0°C surroundings, assuming lava's emissivity is 1.00.

58. (a) Calculate the rate of heat transfer by radiation from a car radiator at 110°C into a 50.0°C environment, if the radiator has an emissivity of 0.750 and a 1.20-m^2 surface area. (b) Is this a significant fraction of the heat transfer by an automobile engine? To answer this, assume a horsepower of 200 hp (1.5 kW) and the efficiency of automobile engines as 25%.

59. Find the net rate of heat transfer by radiation from a skier standing in the shade, given the following. She is completely clothed in white (head to foot, including a ski mask), the clothes have an emissivity of 0.200 and a surface temperature of 10.0°C, the surroundings are at −15.0°C, and her surface area is 1.60 m^2.

60. Suppose you walk into a sauna that has an ambient temperature of 50.0°C. (a) Calculate the rate of heat transfer to you by radiation given your skin temperature is 37.0°C, the emissivity of skin is 0.98, and the surface area of your body is 1.50 m^2. (b) If all other forms of heat transfer are balanced (the net heat transfer is zero), at what rate will your body temperature increase if your mass is 75.0 kg?

61. Thermography is a technique for measuring radiant heat and detecting variations in surface temperatures that may be medically, environmentally, or militarily meaningful.(a) What is the percent increase in the rate of heat transfer by radiation from a given area at a temperature of $34.0°C$ compared with that at $33.0°C$, such as on a person's skin? (b) What is the percent increase in the rate of heat transfer by radiation from a given area at a temperature of $34.0°C$ compared with that at $20.0°C$, such as for warm and cool automobile hoods?
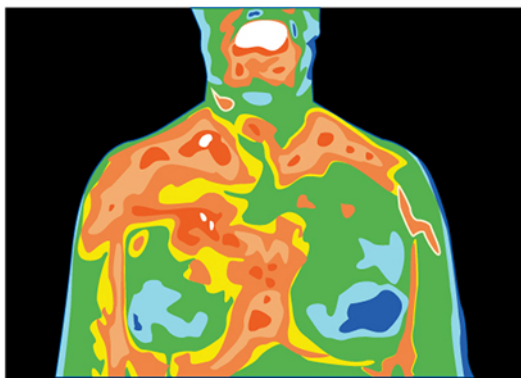

Figure 14.35   Artist's rendition of a thermograph of a patient's upper body, showing the distribution of heat represented by different colors.

62. The Sun radiates like a perfect black body with an emissivity of exactly 1. (a) Calculate the surface temperature of the Sun, given that it is a sphere with a 7.00×10^8-m radius that radiates 3.80×10^{26} W into 3-K space. (b) How much power does the Sun radiate per square meter of its surface? (c) How much power in watts per square meter is that value at the distance of Earth, 1.50×10^{11} m away? (This number is called the solar constant.)

63. A large body of lava from a volcano has stopped flowing and is slowly cooling. The interior of the lava is at $1200°C$, its surface is at $450°C$, and the surroundings are at $27.0°C$. (a) Calculate the rate at which energy is transferred by radiation from 1.00 m^2 of surface lava into the surroundings, assuming the emissivity is 1.00. (b) Suppose heat conduction to the surface occurs at the same rate. What is the thickness of the lava between the $450°C$ surface and the $1200°C$ interior, assuming that the lava's conductivity is the same as that of brick?

64. Calculate the temperature the entire sky would have to be in order to transfer energy by radiation at 1000 W/m^2 —about the rate at which the Sun radiates when it is directly overhead on a clear day. This value is the effective temperature of the sky, a kind of average that takes account of the fact that the Sun occupies only a small part of the sky but is much hotter than the rest. Assume that the body receiving the energy has a temperature of $27.0°C$.

65. (a) A shirtless rider under a circus tent feels the heat radiating from the sunlit portion of the tent. Calculate the temperature of the tent canvas based on the following information: The shirtless rider's skin temperature is $34.0°C$ and has an emissivity of 0.970. The exposed area of skin is 0.400 m^2. He receives radiation at the rate of 20.0 W—half what you would calculate if the entire region behind him was hot. The rest of the surroundings are at $34.0°C$. (b) Discuss how this situation would change if the sunlit side of the tent was nearly pure white and if the rider was covered by a white tunic.

66. Integrated Concepts
    One $30.0°C$ day the relative humidity is 75.0%, and that evening the temperature drops to $20.0°C$, well below the dew point. (a) How many grams of water condense from each cubic meter of air? (b) How much heat transfer occurs by this condensation? (c) What temperature increase could this cause in dry air?

67. Integrated Concepts
    Large meteors sometimes strike the Earth, converting most of their kinetic energy into thermal energy. (a) What is the kinetic energy of a 10^9 kg meteor moving at 25.0 km/s? (b) If this meteor lands in a deep ocean and 80% of its kinetic energy goes into heating water, how many kilograms of water could it raise by $5.0°C$? (c) Discuss how the energy of the meteor is more likely to be deposited in the ocean and the likely effects of that energy.

68. Integrated Concepts
    Frozen waste from airplane toilets has sometimes been accidentally ejected at high altitude. Ordinarily it breaks up and disperses over a large area, but sometimes it holds together and strikes the ground. Calculate the mass of $0°C$ ice that can be melted by the conversion of kinetic and gravitational potential energy when a 20.0 kg piece of frozen waste is released at 12.0 km altitude while moving at 250 m/s and strikes the ground at 100 m/s (since less than 20.0 kg melts, a significant mess results).

69. Integrated Concepts

(a) A large electrical power facility produces 1600 MW of "waste heat," which is dissipated to the environment in cooling towers by warming air flowing through the towers by $5.00°C$. What is the necessary flow rate of air in m^3/s? (b) Is your result consistent with the large cooling towers used by many large electrical power plants?

70. Integrated Concepts

(a) Suppose you start a workout on a Stairmaster, producing power at the same rate as climbing 116 stairs per minute. Assuming your mass is 76.0 kg and your efficiency is 20.0%, how long will it take for your body temperature to rise $1.00°C$ if all other forms of heat transfer in and out of your body are balanced? (b) Is this consistent with your experience in getting warm while exercising?

71. Integrated Concepts

A 76.0-kg person suffering from hypothermia comes indoors and shivers vigorously. How long does it take the heat transfer to increase the person's body temperature by $2.00°C$ if all other forms of heat transfer are balanced?

72. Integrated Concepts

In certain large geographic regions, the underlying rock is hot. Wells can be drilled and water circulated through the rock for heat transfer for the generation of electricity. (a) Calculate the heat transfer that can be extracted by cooling $1.00\ km^3$ of granite by $100°C$. (b) How long will this take if heat is transferred at a rate of 300 MW, assuming no heat transfers back into the 1.00 km of rock by its surroundings?

73. Integrated Concepts

Heat transfers from your lungs and breathing passages by evaporating water. (a) Calculate the maximum number of grams of water that can be evaporated when you inhale 1.50 L of $37°C$ air with an original relative humidity of 40.0%. (Assume that body temperature is also $37°C$.) (b) How many joules of energy are required to evaporate this amount? (c) What is the rate of heat transfer in watts from this method, if you breathe at a normal resting rate of 10.0 breaths per minute?

74. Integrated Concepts

(a) What is the temperature increase of water falling 55.0 m over Niagara Falls? (b) What fraction must evaporate to keep the temperature constant?

75. Integrated Concepts

Hot air rises because it has expanded. It then displaces a greater volume of cold air, which increases the buoyant force on it. (a) Calculate the ratio of the buoyant force to the weight of $50.0°C$ air surrounded by $20.0°C$ air. (b) What energy is needed to cause $1.00\ m^3$ of air to go from $20.0°C$ to $50.0°C$? (c) What gravitational potential energy is gained by this volume of air if it rises 1.00 m? Will this cause a significant cooling of the air?

76. Unreasonable Results

(a) What is the temperature increase of an 80.0 kg person who consumes 2500 kcal of food in one day with 95.0% of the energy transferred as heat to the body? (b) What is unreasonable about this result? (c) Which premise or assumption is responsible?

77. Unreasonable Results

A slightly deranged Arctic inventor surrounded by ice thinks it would be much less mechanically complex to cool a car engine by melting ice on it than by having a water-cooled system with a radiator, water pump, antifreeze, and so on. (a) If 80.0% of the energy in 1.00 gal of gasoline is converted into "waste heat" in a car engine, how many kilograms of $0°C$ ice could it melt? (b) Is this a reasonable amount of ice to carry around to cool the engine for 1.00 gal of gasoline consumption? (c) What premises or assumptions are unreasonable?

78. Unreasonable Results

(a) Calculate the rate of heat transfer by conduction through a window with an area of $1.00\ m^2$ that is 0.750 cm thick, if its inner surface is at $22.0°C$ and its outer surface is at $35.0°C$. (b) What is unreasonable about this result? (c) Which premise or assumption is responsible?

79. Unreasonable Results

A meteorite 1.20 cm in diameter is so hot immediately after penetrating the atmosphere that it radiates 20.0 kW of power. (a) What is its temperature, if the surroundings are at $20.0°C$ and it has an emissivity of 0.800? (b) What is unreasonable about this result? (c) Which premise or assumption is responsible?

80. Construct Your Own Problem

Consider a new model of commercial airplane having its brakes tested as a part of the initial flight permission procedure. The airplane is brought to takeoff speed and then stopped with the brakes alone. Construct a problem in which you calculate the temperature increase of the brakes during this process. You may assume most of the kinetic energy of the airplane is converted to thermal energy in the brakes and surrounding materials, and that little escapes. Note that the brakes are expected to become so hot in this procedure that they ignite and, in order to pass the test, the airplane must be able to withstand the fire for some time without a general conflagration.

81. Construct Your Own Problem

Consider a person outdoors on a cold night. Construct a problem in which you calculate the rate of heat transfer from the person by all three heat transfer methods. Make the initial circumstances such that at rest the person will have a net heat transfer and then decide how much physical activity of a chosen type is necessary to balance the rate of heat transfer. Among the things to consider are the size of the person, type of clothing, initial metabolic rate, sky conditions, amount of water evaporated, and volume of air breathed. Of course, there are many other factors to consider and your instructor may wish to guide you in the assumptions made as well as the detail of analysis and method of presenting your results.